

Revelation 18:4

"And I heard another voice from heaven, saying, Come out of her, my people, that ye be not partakers of her sins, and that ye receive not of her plagues."

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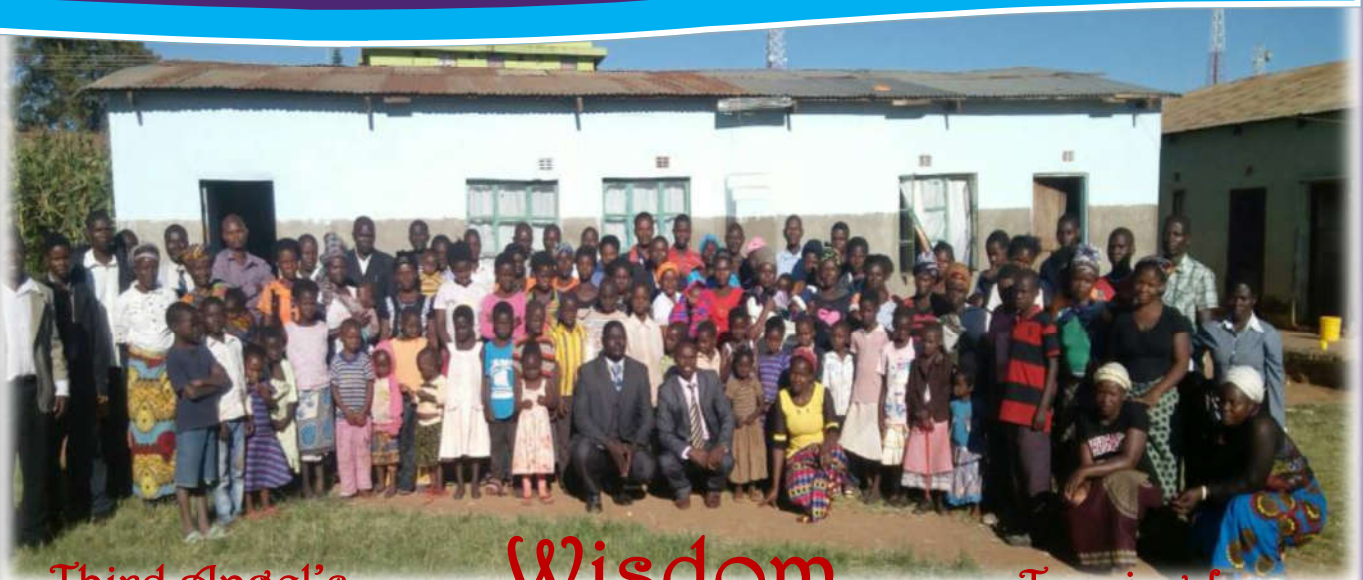
Life as a Messianic Believer

By Peter King'ori

All countries in the world have laws to govern them. The worldly form of governance is democracy. The heavenly one is theocracy. There is no harmony between the two forms of governance. In the former, citi-

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Third Angel's
Message

In Western Kenya

By Martin K. Makokha

"Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and

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Wisdom
& Virtue of Prosperity

By Ezekiel Ngogoyo

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Turning from
Bitterness
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We

thank Elohim for the completion of the third issue of the second volume of the

3RD ANGEL MESSENGER. As Messianic believers, in every task we do, glory and honor should be to Elohim. We are just vessels as attested by 2nd Corinthians 4:7.

Read about "LIFE AS A MESSIANIC BELIEVER", in this issue, which outlines the need of emulating our predecessors in faith (Romans 15:4). Martin Makokha, urges for the conveying of the 3rd Angel's message in Western region (Western, Nyanza and some part of the Rift valley) in the article by the same title, that is, "THIRD ANGEL'S MESSAGE IN WESTERN KENYA". Ezekiel Ngogoyo expounds on wisdom in "WISDOM, A VIRTUE OF PROSPERITY". "TURNING FROM BITTERNESS", is a timely article for the Messianic fraternity, by Lawrence Mugambi. Kenneth Rotich a new entry enters with "SATANIC COMMAND". We also have an article by Henry Busienei Kipkirui on a recent mission in Zambia, "ZAMBIA MISSION". For the aforementioned article's reason; we found it noble to have a photo on the same as this issue's cover photo: "MESSIAH AS A PACKAGE" continues. Njogu Mureithi continues with his input on my health today - WHAT DO WE ABOUT CANCERS?

I take this opportunity to thank all the Messianic singers that gave their consent for us to upload their music and videos in the 3RD ANGEL MESSENGER'S website. As I Write this note, I have checked the website and all is set. We also have an article slot therein for short articles that one can download on different subjects of our faith.

May Elohim strengthen and equip us for his vineyard input. Last but not least, I would wish to thank Lawrence Mugambi for working on the website's music and video slot which was demanding. Njogu Mureithi, as usual for compiling the articles concurrently with his studies. They will receive their rewards on the resurrection of the JUST. Luke 14:14 "AND THOU SHALT BE BLESSED; FOR THEY CANNOT RECOMPENSE THEE: FOR THOU SHALT BE RECOMPENSED AT THE RESURRECTION OF THE JUST".

The 3RD ANGEL MESSENGER is not funded by any faction or by any individuals for that matter. All contributors submit their articles voluntarily, so does Lawrence and Njogu input freely, since our provision is from Elohim. For the aforementioned reason, we have the audacity to proclaim THE 3RD ANGEL'S MESSAGE without being suppressed or being compromised.

Shalom!

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NOT TO BE SOLD. MATHEW 10:8 "...FREELY YOU HAVE RECEIVED, FREELY GIVE"

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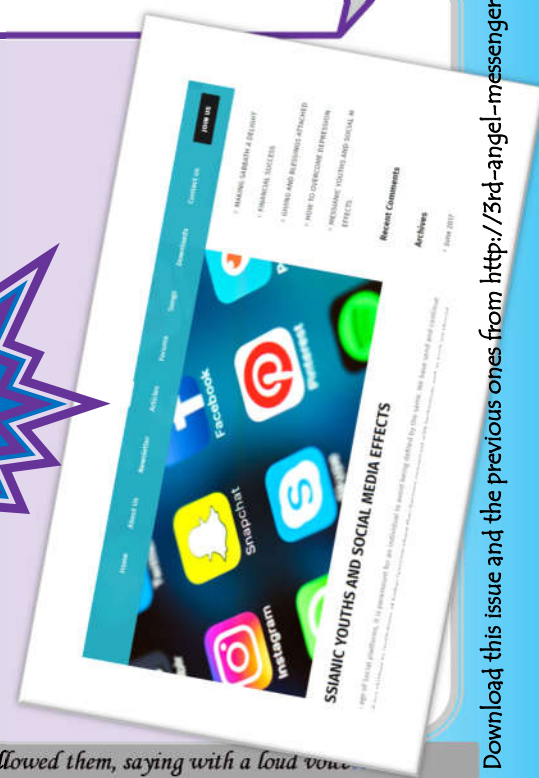
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Life as a Messianic Believer

(Continued from page 1)

zens have a say and can amend the laws if need arises. In the latter, no matter how negative one feels, s/he cannot amend the laws. For us (messianic believers), our governance is theocratic, meaning that we have to live and abide by Almighty's commandments in spite of being in a wicked world that is not in harmony with His governance as attested by 1st John 2:15-16.

Apostle Paul foresaw what would happen to the messianic believers at the present time and therefore admonished them as outlined in 2nd Timothy 3:1-5. No matter what the world throws at us or entices us to follow against Almighty's command, we should resist by obeying Almighty's commands who will, in turn, help us overcome the world (James 4:7-8). Since it is very clear from our savior's prayer in the seventeenth chapter of John, that we are not to be removed from the world but rather to be kept by Elohim guidance, we should then seek him and be protected from the wicked one.

It is appointed for man to die once, afterwards judgment (Hebrew 9:27). The aforementioned should be our guide as we continue to live in this wicked world. We should not emulate the worldly but rather emulate our predecessors in faith (1st Corinthians 11:1) who, despite facing a lot of



challenges in the world, overcome and are awaiting to be resurrected in the resurrection of the just (2nd Timothy 4:7-8). There are two resurrections, that is, the resurrection of the just and the resurrection of the unjust (Acts 24:15). In both resurrections, it is by virtue of one's deeds prior to his/her death. Why? When one dies s/he cannot change anything as affirmed by Ecclesiastes 9:5. We should use our energies and zeal in doing Elohim's command since it is by the same virtue, that we shall be allowed to the descending city from heaven (Revelation 22:14). The worldly are zealous in all vanities and as much as we pursue our day to day lives, be it in business, careers, profession, etc. We should pursue the same within the Elohim's laid parameters. If we are not careful, we might find ourselves absorbed in vanities and lose our reward on the day of our savior YAHSHUA MESSIAH.

Most people are acquiring wealth by fraud, corruption,

theft, etc. Instead of the world condemning them, the world esteems and respects them because of their net worth. On judgment day, their treasures will not profit them as affirmed in (Proverbs 10:2). As messianic believers, we should not defile ourselves with the worldly defilement in whichever field. A messianic believer should stand out as Daniel did while in Babylon. Those in business should suppress any enticing voice to use "short-cuts" to acquire products or services or even evading tax. In "The History of the true religion", we find our brethren in the preceding centuries paying taxes to the governments that were persecuting them. In one occasion, we find them very far from the government agencies but they collect the taxes and remit the taxes to the government, on their own consent. We should not fear men but rather fear Elohim who will bring everything into judgment (1st Corinthians 4:5).

We should not be discouraged by the fact that we are not in harmony with the world. Yahshua should be our example. He was not

(Continue reading.....next page)

in harmony with the world hence we should follow suit. He endeavored into pleasing his father and our father, who in return reciprocated and now Yahshua is on Elohim's right hand. He extends this to us, as affirmed in Revelation 3:21 "To him that overcometh will I grant to sit with me in my throne, even as I also overcame and am set down with my Father in his throne".

No one will have an excuse for not living righteously since there are many who the scriptures attests to have lived righteously (Hebrew 11:1-40). Throughout The Scriptures, we have individuals who stood up amidst challenges and were witnessed by the world as Elohim's servants. They held onto their hope and never compromised their faith since they were seeing the promises afar (Hebrews 11:13). They died not having received the promises. Not even death could suppress their hopes. Unfortunately, in our age, even the smallest challenge will make many renounce their faith. Paul encouraged and engaged the Roman brethren by

posing a query to them in Roman 8:35, who shall separate us from Messiah? Shall tribulations, or distress, or persecution, or famine, or nakedness, or peril, or sword? It calls for an individual to evaluate the aforementioned query and see among the aforementioned reasons, which one can be compared to what is to be given as reward to the overcomers. When you compare life everlasting and this short life, you realize the magnitude of the query above.

Everything good is worth all energies and input. Unfortunately, most messianic believers have forgotten their call and directed their energies and zeal on the opposite, that is, worldly pursuits. If you are serving two masters, it's obvious you will serve one better than the other. The reward from the master will also be reciprocation of your services

towards them. In the whole chapter of Hebrew 11, we learn of people who amidst persecutions and setbacks overcame and now are asleep waiting the resurrection of the just. In verse 39 & 40 of the same chapter, the believers in this faith are included of what is attested, that the righteous died having not received their reward, till we join them. This means that we also have to be witnessed by the world as they were also witnessed.

It is time we brought ourselves to sobriety and arise to the challenge of righteous living. We should pray for the heavenly power which will help us overcome the world and live as Elohim's commands. If we don't have the power, Elohim is ready to give it to anyone who prays for the power as attested by Luke 11:13. Our predecessors in the 1st century after receiving the power (Acts 2), were able to do what they couldn't have done prior to receiving the power. May Elohim grant us this power so that we equip ourselves with it and live an overcoming life in

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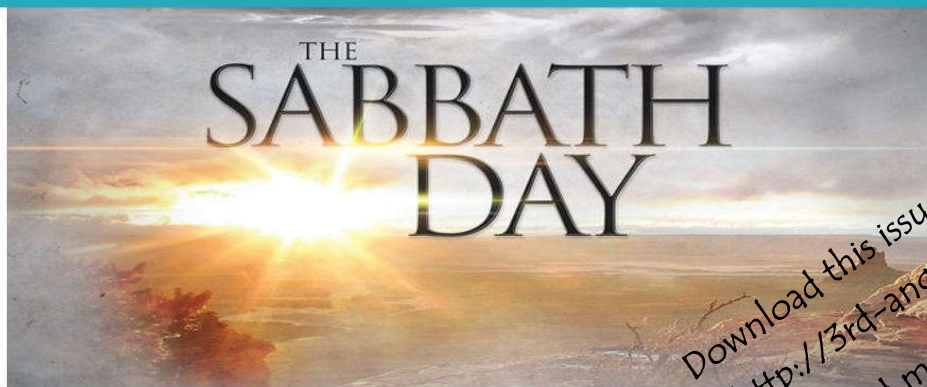
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MAKING SABBATH A DELIGHT

When we realize the happiness that comes from obeying the Sabbath command, we delight in keeping it. Elohim never tires and

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Third Angel's Message in Western Kenya

(Continued from page 1)

of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen."
Math.28:19, 20

Western Kenya covers the former Western, Parts of Rift Valley and Nyanza provinces. In total it has close to 11 counties namely; Migori, Kisii, Nyamira, Homabay, Kisumu, Siaya, Busia, Vihiga, Kakamega, Bungoma and Trans Nzoia. This region according to Kenya National Bureau of Statistics (KNBS) as by the year 2009 had 10,595,764 people. In 2009 the population of Kenya was at 38.6 million people, thus close to a third of the population was in the region in discussion. (KNBS-2009 Kenya Population and Housing Census)

Despite such a high population in the western region, Third Angel's message has been an uphill task. The region has proved hard for the Messianic faith to penetrate despite it being friendly to many other Babylonian religions. Roman Catholic Church boasts of having a fanatical following in the region with Pentecostal Churches and Anglican Church following suit. Among the many Sabbath keeping groups, Seventh Day Adventist is the dearest with a number of churches and Sabbath schools across the region.

The pioneer Seventh Day Adventist Pr. Arthur Asa Caracalla established the first ever Seventh Day Adventist Mission in Ogango, Gendia in Kendu Bay on 27th November 1906. This was 63 years before the first Church of God 7th Day missionary Elder Andy Marion Shoemaker arriving on 31st July 1970. This perhaps explains why S.D.A has a firm grip in

Nyanza region and slowly finding some bearing in the entire western region.

GOSPEL NOT TO THIS REGION?

I have heard believers saying how it's hard for the resident of these regions to believe in Messiah because of so many cultural practices. This is the reason as to why, even in some Messianic factions, believers from these regions are not taken seriously in matters of faith.



(Continued reading.....next page)

They're always looked at with some elements of doubts.

"And they sing a new song, saying, Worthy art thou to take the book, and to open the seals thereof: for thou was slain, and didst purchase unto God with thy blood [men] of every tribe, and tongue, and people, and nation, (ASV) Rev.5:9

The above verse clearly indicates that in the Kingdom of Messiah, every tribe will be represented! Thus according to the Scriptures there is no SINGLE tribe that is too difficult or hard to believe the Third Angel's Message.

"And I saw another angel fly in the midst of heaven, having the everlasting gospel to preach unto them that dwell on the earth, and to every nation, and kindred, and tongue, and people" Rev.14:6

This Gospel message is supposed to reach every tribe, nation, people before the coming of the King of kings, it's a very urgent message and needs to move with speed to every soul around the globe before the times changes.

Many Messianic factions are in a rush to evangelize neighbouring countries but are doing very little to reach this region.

Is Anything Difficult to Elohim?

"Is any thing too hard for the LORD?" Gen.18:14

Many Messianic factions have avoided the western region in passing this salvation message just because they were told of how the region is deep into cultural practices! But the question is which tribe under the sun had no cultural practices? Some used to

practice female circumcision, wife inheritance, polygamy, praying to the dead etc. and they got saved. Think of Ephesians who had a goddess by the name Diana and even had a great temple constructed for the idol. Yes in this idolatry city of Ephesus which was the custodian of the goddess, Paul planted a Church! (Acts 19:20-41)

"Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost:" Matt.28:19

Messiah's command to His followers was clear, 'Go teach all nations.....' This is an individual command! It's Messiah last will to you as a believer, 'Go teach all nations....' Not just your area or your nation (tribe) but all nations. Yes you my dear reader, you are commanded to reach these regions that have been neglected before with the Salvation message.

HOW CAN YOU BE A PARTAKER?

Western Region has a few Messianic believers not exceeding one thousand, still the vineyard is ripe and in need of men and women to go directly to the vineyard. We do receive calls from across the region but we are unable to send workers in the vineyard. Laborers are needed to go forth and spread the message across the region, these laborers need to be supported both through prayers and financially. We are in great need of tracts and pamphlets to spread across the region; we are in great need to feed these 10.5 Million hungry souls.

The message is urgent, its supposed to be given today, tomorrow maybe too late.

WILL YOU BE PART OF THIS GREAT WORK? If yes contact me on 0723163875.

(All Scriptures unless indicated is from King James Version)

Martin Makokha



Wisdom

A Virtue of Prosperity

(Continued from page 1)



By: Bro Ezekiel G
Ngogoyo

Church of Elohim 7th Day, Saika
Nairobi

en virtue. Also to encourage each other on the essence of acquiring it, for it is acquired and not inherited. This is only a reminder. For this reason, I will not be negligent to remind you always of these things....2 Peter 1:12. Malachi 3:18. Ezekiel 44:23 and Ecclesiastes 8:5. It is important for Messianic to pray that we may have the wisdom and the spirit of discernment, for it will help us know what we should be doing this "time".

The purposes for proverbs are stated in Proverbs 1:2–6, which functions as the purpose of this book. Proverbs are:

For learning wisdom and discipline,
for understanding insightful words;
for getting instruction in wise behavior,
righteousness, justice, and impartiality;
for giving shrewdness to the unlearned,
knowledge and discretion to the young—
Let the wise also hear and increase learning,
and the sophisticated improve skill;
for understanding proverb and puzzle,
words of the wise and their riddles. (1:2–6)

Note all the words referring to education:
learning, understanding, instructing, teaching.
The book of Proverbs is introduced as a textbook in wisdom. This paragraph is especially helpful because, by way of recommending itself, the book provides a number of terms that are at least partially synonymous with wisdom, thus enabling us to get a sense of the scope of this foundational notion. The notion of wisdom is associated with discipline, instruction, understanding, shrewdness, knowledge, discretion, learning, and skill.



The prologue is framed as the instructions of parents to their son. Wisdom is the knowledge of the right way to live, and they look to give him guidance based on their experience:

(Continue reading.....next page)

Hear, my son, your father's instruction,
and do not reject your mother's teaching.
(1:8).

Though perhaps self-evident, this bears mentioning: wisdom is something that can be taught and learned. The son has a choice to make. Will he choose the practice of wisdom, or will he be a fool? It is up to him. Wisdom, unlike intelligence, is neither genetically determined nor a matter of divine endowment. It can, indeed must, be acquired.

FEAR OF ELOHIM.

A fundamental theme of Israelite wisdom is that the fear of Elohim is the beginning of knowledge and wisdom. This affirmation is made immediately after the purpose statement quoted above, and serves as that statement's culmination:

**The fear of Elohim is the beginning of
knowledge;
wisdom and discipline fools despise.
(1:7)**

"wisdom and discipline" is the source of all prosperity. The *"fear of Elohim"* statement serves as the basic postulate of Wisdom.

Even though wisdom's instruction has to do with matters of personal behavior, family responsibility, business ethics, and community loyalty,

it is grounded in the fear of Elohim.
What is the intent of the phrase *"fear of Elohim"*?

The notion may have originated in that edge-of-death fear that Israelites felt in the presence of Elohim, such as when they were gathered at Mount Sinai after the Exodus. But in a wisdom context, fear is not to be understood as terror or fright. It refers to the deep awe and reverence for Elohim that one must have to live properly. One must always be aware that there is Elohim and that he holds persons responsible for their actions. Knowing that Elohim keeps account of behavior is a marvelous incentive to act wisely and properly.

The truth that *"the fear of Elohim is the beginning of wisdom"* is well-nigh universal in biblical wisdom literature. It is found additionally in Proverbs 9:10 near the conclusion of the prologue, in Job 28:28, in Psalm 111:10 (a wisdom psalm), and in apocryphal Sirach 1:14.

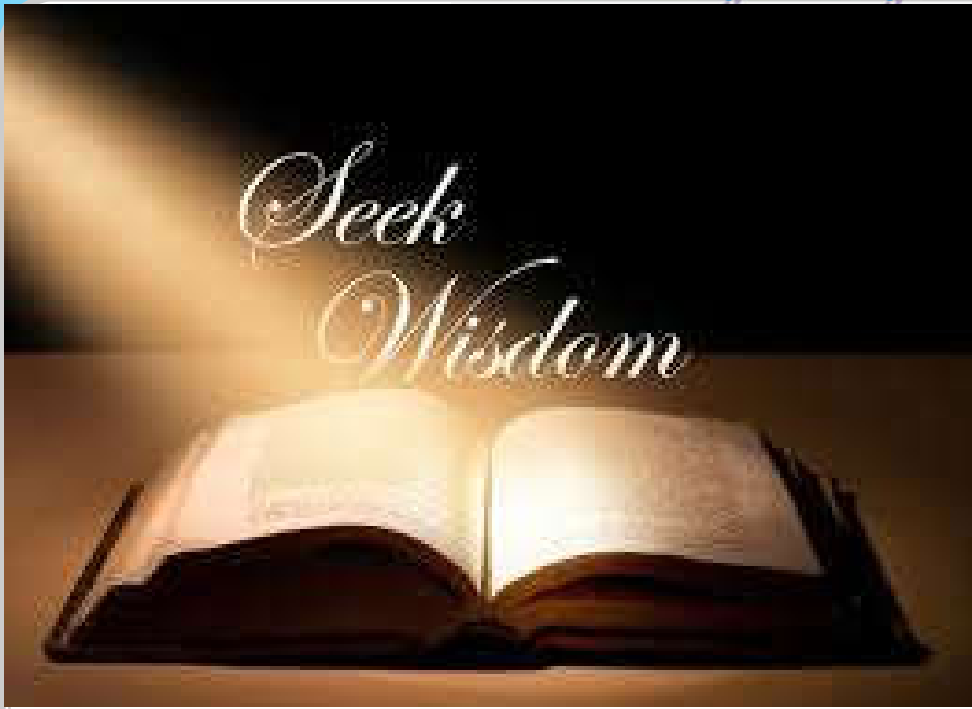
The opposite of wisdom is not so much stupidity as it is willful disregard for right order. Wisdom's opposite is personified as a mistress or prostitute. This figure tries to entice its victims into abandoning honorable behavior for immediate gratification. This is wisdom literature's analogue to the personifications of prophetic literature. Hosea, Jeremiah, and Ezekiel all characterized the covenant unfaithfulness of Israel as its whoring after other divine pretenders such as Baal.

What are the opposites of wisdom? Opposites are contrasted

and the positive virtue is clearly identifiable. The most frequent opposing pairs are these:

- Wisdom and folly: Wisdom is





a fountain of life to him who has it, but folly is the chastisement of fools (Proverbs 16:22).

- **Humility and pride:** When pride comes, then comes disgrace, but with the humble is wisdom (11:2).

Proverbs are presented as observations, yet they are not simply statements of the way things are. Given their instructional setting, they intend to recommend the way things ought to be. The sentence wisdom of Proverbs upholds the traditional values of family, hard work, honesty, humility, and loyalty. These proverbs function, then, as an instrument in the socialization of Israel's youth, and probably especially its potential leaders, and a way to instill the time-honored values of the community.

Proverbial wisdom is also situation-

al, or pragmatic. Although proverbs are framed as universal statements, they need to be applied with discernment. Folk wisdom often sounds contradictory taken in the abstract. Put "Look before you leap" alongside "He who hesitates is lost." Which is correct? Well, it depends.

Sometimes caution is advisable, but at other times speed is essential.

Likewise, the sage advice of the proverbs needs to be applied situationally and not automatically. The collector of the proverbs recognized this and wryly made his point:

**Do not answer a fool according to his folly,
or you will be like a fool yourself.**

Answer a fool according to his folly

or he will be a fool in his own opinion. (26:4-5)

The traditional wisdom of Proverbs divides humanity into two groups, the wise (equated with the righteous) and the foolish (the wicked). The characteristics and behaviors of each group are identified. But proverbs go further than just classifying two types of people. They indicate what will become of each:

Wise men store up knowledge, but the nonsense of a fool draws ruin near. (10:14).

In this way the community values summed up in the notion of righteousness are given divine sanction. That is, righteous behavior is recognized and rewarded by Elohim, and folly is punished.

Retribution theology maintains that Elohim uncompromisingly and unfailingly punishes the wicked for their evil deeds and rewards the righteous with long life and prosperity. The book of Proverbs affirms retribution theology as intentionally as the Deuteronomistic tradition. It maintains the strict correlation between the practice of wisdom and earthly reward, contrasted with the foolish life that leads inexorably to tragedy and ruin:

(Continue reading.....next page)

The righteous will never be removed, (will prosper) but the wicked will disappear from the land. (10:30)

The book of Proverbs thus projects a vision of the world as an ordered moral universe where truth and justice rule. This basic theological perspective of the proverbial wisdom outlook will be challenged and refined in other wisdom literature, including the books of Job and Ecclesiastes. King Solomon is the premiere patron of the study of wisdom in the tradition of the Hebrew Bible. This connection was exploited in the work called the Wisdom of Solomon, based on certain historical allusions in Chapters 6–9. It emerged from the Jewish Diaspora of the first century BCE, probably Alexandria in Egypt, and was attributed to Solomon.

The righteous consistently stand in contrast to the wicked and the foolish:

The writer, Jesus ben Sirach, or just Sirach for short, is a wise man and teacher. His work, also known as Ecclesiasticus (not to be confused with Ecclesiastes), was to be used in the training of young men, the next generation of scribes.

He wrote the book in Hebrew in Jerusalem around 180 BCE. Later it was translated into Greek in 117 by Sirach's grandson, who then prefaced the book with his own prologue.

Sirach has a great deal in common with Proverbs. Both are framed as the instruction of a father to a son. Both make extensive use of synonymous and antithetic parallelism, and the book largely consists of couplets on topics such as wealth, honesty, happiness, justice, family, friendship, and, of course, wisdom. The traditional retribution outlook is upheld, and there is no talk of immortality because death is inevitable and happens to everyone:

**Do not fear death's decree
for you . . .
This is the Lord's decree for**

all flesh . . .

**Whether life is ten years or a
hundred or a thousand,
no questions get raised in
Hades. (41:3–4)**

**Therefore, accept what befalls
you, fear the Lord, and devote
yourself to wisdom all your days.
Because “those who fear the
Lord will have a happy
end” (1:13). (shall prosper)**

Praise of Wisdom by Sirach.

All wisdom comes from the LORD
and with him it remains forever.
The sand of the seashore, the drops
of rain, the days of eternity: who can
number these?

Heaven's height, earth's breadth, the
depths of the abyss: who can explore
these?

Before all things else wisdom was
created; and prudent understanding,
from eternity.

To whom has wisdom's root been
revealed? Who knows her subtleties?



There is but one, wise and truly awe-inspiring, seated upon his throne:
It is the LORD; he created her, has seen her and taken note of her.
He has poured her forth upon all his works,
upon every living thing according to his bounty; he has lavished her upon his friends.

Fear of the LORD is glory and splendor, gladness and a festive crown.

Fear of the LORD warms the heart, giving gladness and joy and length of days.

He who fears the LORD will have a happy end; even on the day of his death he will be blessed.

The beginning of wisdom is fear of the LORD, which is formed with the faithful in the womb.

With devoted men was she created from of old, and with their children her beneficence abides.

Fullness of wisdom is fear of the LORD; she inebriates men with her fruits.

Her entire house she fills with choice foods, her granaries with her harvest.

Wisdom's garland is fear of the LORD, with blossoms of peace and perfect health.

Knowledge and full understanding she showers down; she heightens the glory of those who possess her.

The root of wisdom is fear of the LORD; her branches are length of days.

One cannot justify unjust anger; anger plunges a man to his downfall.

A patient man need stand firm but for a time, and then contentment comes back to him.

For a while he holds back his words, then the lips of many herald his wisdom.

Among wisdom's treasures is the paragon of prudence; but fear of the LORD is an abomination to the sinner.

If you desire wisdom, keep the commandments, and the LORD will bestow her upon you;
For fear of the LORD is wisdom and culture; loyal humility is his delight.

Be not faithless to the fear of the LORD, nor approach it with duplicity of heart.

Play not the hypocrite before men; over your lips keep watch.
Exalt not yourself lest you fall and bring upon you dishonor;
For then the LORD will reveal your secrets and publicly cast you down,

Because you approached the fear of the LORD with your heart full of guile.

What is the practical example of wisdom?

Say nothing harmful, small or great; be not a foe instead of a friend;

A bad name and disgrace will you acquire: "That for the evil man with double tongue!"

Fall not into the grip of desire, lest, like fire, it consume your strength;

Your leaves it will eat, your fruits destroy, and you will be left a dry tree,

For contumacious desire destroys its owner and makes him the sport of his enemies.

WHY DO PEOPLE PERISH.

My people are being destroyed because they don't know me. Since you priests refuse to know me, I refuse to recognize you as my priests. Since you have forgotten the laws of your Elohim, I will forget to bless your children. **Hosea 4:6**

We cannot change what Elohim has designed for us. This is the prayer of Reinhold Niebuhr below.

Elohim grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.

- The Serenity Prayer (Reinhold Niebuhr)

Job 12:12 *"With the ancient is wisdom; and in length of days understanding."*

(Continue reading.....next page)

Job 28:28 *"And unto man he said, Behold, the fear of the LORD, that is wisdom; and to depart from evil is understanding."*

Psalms 111:10 *"The fear of the LORD is the beginning of wisdom: a good understanding have all they that do his commandments: his praise endureth forever."*

Proverbs 1:7 *"The fear of the LORD is the beginning of knowledge: but fools despise wisdom and instruction."*

Proverbs 3:7 *"Be not wise in thine own eyes: fear the LORD, and depart from evil."*

Proverbs 4:5-7 *"Get wisdom, get understanding: forget it not; neither decline from the words of my mouth. Forsake her not, and she shall preserve thee: love her, and she shall keep thee. Wisdom is the principal thing; therefore, get wisdom: and with all thy getting get understanding."*

Proverbs 9:10 *"The fear of the LORD is the beginning of wisdom: and the knowledge of the holy is understanding."*

Proverbs 11:2 *"He that is void of wisdom despiseth his neighbour: but a man of understanding holdeth his peace."*

Proverbs 11:30 *"The fruit of the righteous is a tree of life; and he that winneth souls is wise."*

Proverbs 14:8 *"The wisdom of the prudent is to understand his way: but the folly of fools is deceit."*

Proverbs 16:16 *"How much better is it to get wisdom than gold! and to get understanding rather to be chosen than silver!"*

Proverbs 29:15 *"The rod and reproof give wisdom: but a child left to himself bringeth his mother to shame."*

Ecclesiastes 7:12 *"For wisdom is a defence, and money is a defence: but the excellency of knowledge is, that wisdom giveth life to them that have it."*

James 1:5, 6 *"If any of you lack wisdom, let him ask of Elohim, that giveth to all men liberally, and upbraideth not; and it shall be given him. But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed."*

James 3:17 *"But the wisdom that is from above is first pure, then peaceable, gentle, and easy to be intreated, full of mercy and good fruits, without partiality, and without hypocrisy."*

The Bible says in Psalm 1 that a person who meditates on Elohim's Word will be blessed. The wisdom of the Bible will help guide a person to avoid wrong friends.

With three things I am delighted.
for they are pleasing to the Lord
and to human beings:

Harmony among relatives,
Friendship among neighbors,
And a wife and a husband
living happily together.

Three kinds of people I hate,
and I loathe their manner of life:

1. A proud pauper
2. A rich liar,

3. And a lecherous old fool.

Last words on Wisdom:

Happy is the one who does not sin with the tongue,
who does not serve an inferior.

Happy is the one who finds a friend,
who speaks to attentive ears.

How great is the one who finds wisdom,
but none is greater than the one who fears the Lord.
Fear of the Lord surpasses all else.

To whom can we compare the one who has it?
For into a malicious soul wisdom shall not enter; nor
dwell in the body that is subject unto sin.

For the holy spirit of discipline will flee deceit, and re-
move from thoughts that are without understanding,
and will not abide when unrighteousness cometh in.

For wisdom is a loving spirit; and will not acquit a blas-
phemer of his words: for Elohim
is witness of his reins, and a
true beholder of his heart, and
a hearer of his tongue.

My other personal advice on the use of social media.

Lastly but not least, I urge all Messianic to shun the use of internet platforms for unwise comments and worldliness. People should use the internet, facebook, instagram, whatsapp and all other social internet media platform with wisdom and for preaching and edification of the world. Let the world notice our difference and the value we have for all mankind. Social media platform should not be used by messianic for political manipulation, unhealthy social influence, ungodly comments and purely unmeaning-

ful engagements but rather, this platform is a strong media to disseminate information of our precious faith and positive influence to the world in bringing and educating people of the world the truth of our heavenly Father Elohim and how to receive His long awaited kingdom.

Elohim bless you all.

For more insight on the article contact the author.

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Turning from Bitterness to Forgiveness

(Continued from page 1)

practice. The real forgiveness is a matter of forgiving and forgetting. We may forgive but some form of bitterness still reign in us. It may grow to worse, and with time it can cause a lot of trouble as we will be able to see.

Messiah taught in great detail about forgiveness in **Matthew 18:21,22**. Then came Peter to him, and said, Master, how oft shall my brother sin against me, and I forgive him? till seven times? Yahshua saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven. Yahshua went ahead to give a parable about forgiveness. For sure, any repentant person has been forgiven multitude of sins. Therefore, our Master requires of us to forgive as He forgave us.

What is Resentment?

Resentment is that deep feeling of displeasure or anger that we have toward someone because of a past offense. It is our painful memory of past hurts. It is the great enemy of right relationships. It destroys friendships and turns friends into enemies. But the most damaging effect of resentment is the destruction of the one who holds it.

There are several reasons as to why we feel justified in our resentment. Among them are:

It makes us feel superior. When someone does something that offends or hurts us, we take a superior attitude toward that person. We say to ourselves, "I would never do a thing like that!" We like this feeling of superiority, and therefore we hold on to our resentment.

We like to keep score. Sometimes we hold on to our resentments in order to have some-

thing to offset any future offenses we may commit. We want to be able to say, "Maybe I was wrong in that matter, but you did such-and-such to me."

We enjoy our resentments. Sometimes we hold on to our resentments in order to have something to offset any future offenses we may commit. We want to be able to say, "Maybe I was wrong in that matter, but you did such-and-such to me."

Resentment grows into Bitterness

Resentment is one of the most unusual of all sins in that it is meant to punish the other person; yet it is far more hurtful to us than it could ever be to the other person. Sometimes the other person may not even be aware of having done anything wrong. Therefore, our resentment does not harm him at all, but it is very destructive to us.

If we hold on to resentment, it can grow into bitterness. Bitterness affects our health, our mind, our personality, and our relationship with Elohim. Let us consider these things:

Bitterness affects our health. Bitterness is poison to our body. Resentment, bitterness, hatred, and unforgiveness can cause ulcers, high blood pressure, and dozens of other diseases. It has been estimated by some doctors that in as much as 90 percent of us, illnesses are caused by anger, fear, resentment and bit-

terness. Holding bitterness in your heart can cause you to lose sleep and to be tired most of the time. It will take away the enjoyment of your food. It will kill your happiness. In time, it will show in your eyes and in your face.

Bitterness affects our mind. It has been proved that bitterness can and does bring on depression. People who have a tendency to be depressed much of the time are often people who hold resentment against a loved one or relative who injured them earlier in life. If you are one of these people, you will never know lasting victory over depression until you get rid of that bitterness.

Bitterness affects our personality. The more we resent someone, the more we think about him. And the more we think about a person, the more we become like him. It is a fact that, when you focus your emotions on someone, you tend to become like that person.

Bitterness affects our relationship with Elohim. When we pray the Master's Prayer, we say something like this, "Forgive us our trespasses as we forgive those who trespass against us." When you pray this, you are say-



Bitterness is like drinking poison and waiting for the other person to die

ing, "Elohim, please forgive me of my sins just like I forgive other people of their sins against me." If you don't forgive other people, you are actually asking Elohim not to forgive you.

Forgiveness sets us Free

The only thing that can set us free from resentment and bitterness is forgiveness. But not many people truly understand what forgiveness is. Forgiveness is not trying to overlook sin or to pretend that it never happened. Forgiveness is not trying to forget. Forgetting comes after forgiveness, not before.

What is forgiveness? Forgiveness is bearing the wrong or injury yourself and choosing to remember it no more. Forgiveness means that you give the person who wronged you a clean slate so far as you are concerned.

Forgiveness is costly. The one who forgives pays the price of the injury or evil that he forgives. In order for Messiah to forgive us, He had to pay the penalty of our sins. This is why He died on the cross.

It is costly to forgive, but it is even costlier not to forgive. You may have remembered a certain injury or offense a long time. You may be thinking of it right now. That person may indeed have done you a great injustice; but that injury did not do you nearly the harm you have done yourself by holding that resentment.

How to Turn from Bitterness to Forgiveness

The following steps will show you how you can give up your bitterness:

Recognize that Elohim is the Judge. People need to be judged for their wrong deeds, but you and I are not the ones to judge them. Judgment belongs to Elohim. "Beloved, do not avenge yourselves, but rather give place to wrath; for it is written, 'Vengeance is Mine, I will repay,' says the Master." Romans 12:19

Confess your sin to Elo-

him. The other person may have done you a grievous injury. If so, he is responsible to Elohim for this. But, if you are holding bitterness, you are sinning, and you are responsible to Elohim for your sin of bitterness. To deal with this sin, you must confess it to Elohim and ask Him to cleanse you with the precious blood of His Son.

Pass the sentence of death upon resentment and bitterness. Resentment and bitterness are not minor vices. They are among the deadliest of all sins. We must pass the sentence of death upon them or they will pass the sentence of death upon us. Holding bitterness is “living after the flesh,” and “If you live according to the flesh, you will die...” (Romans 8:13)

Forgive even as Messiah has forgiven you. Forgiveness involves a choice on our part. We must choose to forgive. We may not feel like forgiving the other person, but Elohim deals with our choices, not our feelings. You may say, “But suppose that person doesn’t ask for forgiveness or even admit that he was wrong? How can I forgive him?” So far as we know from the Scriptures, no one ever came to Yahshua and asked to be forgiven of his sins. Yet Yahshua did forgive people. He forgave them in a very special way. He forgave them unilaterally.

The word “**unilateral**” looks like a very difficult word, but it is really not hard to understand. It means “one-sided.” To forgive someone unilaterally means that you forgive him from your side, regardless of what he does. He may not ask for forgiveness. He may not even know that he needs to be forgiven. But you can choose to forgive him anyway. The ones who crucified the Master Yahshua did not ask for forgiveness, but Yahshua forgave them anyway. He prayed, “Father, forgive them, for they know not what they do.” Forgiveness flowed out from His heart to those who did not ask for it or deserve it. This was unilateral

forgiveness. When we believed and were baptized, we did not confess every sin that we had ever committed. We did not ask His forgiveness for each sin. Yet the Master received us and forgave us of every sin we had ever committed. Now He commands us to forgive others, even as He forgave us. “Therefore, as the elect of Elohim, holy and dearly loved, clothe yourselves with a heart of mercy, kindness, humility, gentleness, and patience, bearing with one another and forgiving one another, if someone happens to have a complaint against anyone else. **JUST AS THE MASTER HAS FORGIVEN YOU, SO YOU ALSO FORGIVE OTHERS.**” Colossians 3:12-13 (NET Bible). Although the other person may not ask for forgiveness or even admit that he was wrong, you can still forgive. You can forgive unilaterally.

He realized that Elohim had used all those circumstances for his good. He said to his brothers, “You meant evil against me; but Elohim meant it for good.” (Genesis 50:20).

Trust the Holy Spirit to make your forgiveness real. Forgiving others and getting rid of bitterness is the result of our working together with the Holy Spirit.

We cannot do it by ourselves, and the Holy Spirit will not do it apart from our choice. We must work together with Him. We choose it, and we trust Him to do it. “For if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live.” Romans 8:13. We must ask the Holy Spirit to enable us to forgive and forget! We can “forgive” someone and then repeatedly “reinstate” their sin by dwelling on it. By refusing to forget it, we keep the resentment alive. May Elohim enable us to forgive as He forgives—to forgive and forget. Elohim says, “Their sins and their iniquities I will remember no

more." Hebrews 8:12

Dealing with our Feelings. An important part of turning from bitterness to forgiveness is dealing with our feelings. We can choose to forgive and mean it with all our heart, but the hurt is still there. To be fully free from resentment and bitterness, we must deal with our feelings. Is there a way by which we can deal with our feelings? Yes, there is! The way to deal with our feelings is to change the way we look at a matter. We cannot change the facts of a past situation, but we can change the way we look at the matter. Remember, we are controlled by the way we inwardly see and believe things to be.

Consider Joseph. We have already seen how Joseph's brothers hated him and sold him as a slave. The facts of the situation could not be changed. What had happened had happened forever. Yet Joseph was not resentful toward his brothers. How did Joseph manage to have good feelings toward his brothers after all they had done to him? He put a proper meaning on those circumstances. He saw Elohim's hand in all that had happened to him. He realized that Elohim had used all those circumstances for his good. He said to his brothers, "You meant evil against me; but Elohim meant it for good." (Genesis 50:20). The story of Joseph teaches us this great truth: Elohim can bring good out of a bad situation if we trust Him. Elohim does not cause evil, but He can use it to bring about His purposes. "We

know that all things work together for good to those who love Elohim...." Romans 8:28. Notice that this verse does not say that we "see" or that we "understand," but that "we **KNOW** that all things work together for good to those who love Elohim." We may not see or understand how all things are working together for our good, but we can know it because Elohim says so. Concerning our situation, we cannot change the facts. What has happened, has happened, and we cannot change it. But we can trust Elohim to bring good out of the situation. We can say, "Master, what that person did seems bad to me, but You said that all things work together for good to them that love You. I believe you to bring good out of this just as you did in Joseph's case." When we believe that Elohim is using all things, even those things which seem bad to us, for our eternal good, we see things in a different way. We can actually thank Elohim for the things that happened to us. This takes the hurt out of past offenses and sets us free from resentment. Concerning those who wronged us, we can say with Joseph, "You meant evil against me, but Elohim meant it for good."

This article has been adapted from <http://jsd-cog.org/turning-from-bitterness-to-forgiveness>

**Edited by Lawrence Mugambi,
Shalom.**

**Unforgiveness is
choosing to stay
trapped in a jail cell
of bitterness, serving
time for someone
else's crime.**

ZAMBIA EVANGELICAL MISSIONARY WORK

Bro. Henry Busienei in collaboration with
Bro. John Michael and Bro. Kenneth Rotich

We are glad to report a successful first evangelical missionary work done by Church of God (7th Day) New Jerusalem in Zambia. This is part of foreign work outside Kenya, after a successful missionnary work in Burundi in 2014, where Brother John Michael had several discussions with Jeremy Icoyanshize, now pastor, prior to visit which materialised, leading to establishment of five Churches namely; Bujumbura, Bubanza, Cibitike, Muyange and Gihanga. They are under Pastor Jeremy.

The church in Kenya got a call from Zambia in November 2016 from Peter Longa, one of the members of a congregation called Praise and Fellowship Ministry. The congregation is an independent group of believers in the South Eastern part of Zambia near the border with Tanzania, though some local churches are spread into the central part of Zambia. ***Their history indicate that they are self-learned in Scriptures where they got to know about the Sabbath and right form of baptism. They therefore decided to form their own congregation. They have self-ordained church elders and a membership of up to 150.***

The congregation embarked now on searching the spiritual mother church to guide them. They searched on Facebook and found our group. They picked the cell phone number of John Michael and made contact with him and asking lots of questions, which were answered. When they were convinced, they requested for a visit by the Kenyan brethren. The information was passed to the church leadership through Deputy General Overseer, Elder Joseph Soy, who informed the General overseer, Elder Paul Bor.

There was a strong will to answer to the call but the challenge was getting resources to fund the travel.

After several discussions, it was agreed that since the tentative month of visit was April 2017, preparation should be done early, as it involved getting of passports and other travel documents. The steering team had proposed that Elder Joseph Soy and two brothers; Kenneth Rotich and Henry Busienei would travel. John Michael was unavailable. Application for passports began in earnest. The three brethren contributed the required money to process the passports. Two passports were ready as at April. Elder Soy's passport was not ready by then.

While this was ongoing, another call came from Rwanda. In a similar version, they had also followed discussions on the Facebook page and got interested. They are a stand-alone group of three congregations in Kigali, the Capital City of Rwanda and surrounding towns. They said from what they read, the church doctrine interested them as that is what they wanted to learn. They have requested for a visit by the Kenyan brethren to teach them more and guide them to true salvation and also organize the church in Rwanda.

Since there were then two tasks at hand, the Church decided to visit Zambia and thereafter Rwanda, tentatively in August.

The Church sent Evangelist, Bro Kenneth Rotich and Evangelist Bro Henry Busienei Kipkirui. The trip started on 26th April 2017, Wednesday morning, at 6:00 am traveling by bus to Dar es Salaam, Tanzania. We proceeded with our trip on 27th from 6:00

am to Tunduma, Tanzania-Zambia border arriving at 9:30 pm. We were received by Mr. Brian Mulenga, Mr. Must Zichalwe and Mr. Friday Zimfukwe.

They had been eagerly waiting to see us, Messianic brethren from Kenya, to take the message there, in Zambia, and help them register a Church. The following day, we were to hold a meeting, first with their leaders, and later with the congregation who had camped in the Church Hall ready to hear the word of Elohim. The congregation was so anxious waiting to hear from the team from Kenya. We were welcomed warmly, and their joy and happiness could not be hidden. Tears of joy flowed from their eyes just by witnessing our arrival, praising Elohim for fulfilling what they had longed for. Their joy could only be likened to that found by Paul among the brethren of Philipians! Hardly were we given time to rest or visit brethren in their homes...we

were kept busy in a series of meetings they had arranged. We spent two days, morning till dusk, teaching them and answering questions. On Sabbath evening, the meeting ended at 6:00pm, but members didn't believe we were leaving the following day. They wanted us to stay a little bit longer for more teachings and encouragements. However, time was not on our side. They wept in tears, lifting us up and glorifying Elohim for the message they had received, which enlightened them to know hidden truths they had searched for long.

We left that place on Sunday, 30th April, 2017. May Elohim bless this growing Church to grow to see eternal life. Praise be to His Holy Name, ever and forever.

1 Peter 1:3 Blessed be Elohim and Father of our Lord Yahshua Messiah, which according to his abundant mercy hath begotten us again unto a

lively hope by the resurrection of Yahshua Messiah from the dead,

1:4 To an inheritance incorruptible, and undefiled, and that fadeth not away, reserved in heaven for you,

1:5 Who are kept by the power of Elohim through faith unto salvation ready to be revealed in the last time.

In short, we were overwhelmed by the success of the mission. We thank Elohim for that. What remains is the work of the Elders to go and complete in the next trip, tentatively this August 2017. Amen.

This Report was compiled by: Bro. Henry Busienei in collaboration with

Bro. John Michael and Bro. Kenneth Rotich



The brethren in Zambia

Satanic Command

By Kenneth Rotich

OPEN LETTER TO ALL ANGELS OF DARKNESS

Plans; - space power - overpower prayer

Traps - use bible teaching - truth replaced by false

SATANIC COMMAND

Refuse bible reading but instead read magazines, tracts and historical books, disconnect spiritual gifts (easy for influences - enhances conflicts). Many of church conflicts are more of historical than bible teachings.

Give weakness of prayer- get them power to refuse

Many times I have seen, when the church organizes a prayer meeting, only a few would attend. This is contrary to the teachings of messiah. 1 Thessalonians 5:17, Luke 21:36, watch you therefore, and pray always, that ye may be accounted worthy to escape all these things that shall come to pass, and to stand before the son of man. Many of us don't even believe in their prayers. Hebrew 11:6.

Influence fasting - these overpower their strength

Fasting is denying yourself something, be it food, drinks or even sleep so that you may have ample time with Elohim in prayers. A good number don't believe in the power of fasting. That is why there is a deterioration of spiritual strength in many; some are even leave the faith.

Make them poor – tithes and offerings get lost, instead, use them for yourself.

Many of church of Elohim members don't give tithes or offerings, simply because "what

I get is not enough"! we need to be aware of this. So that we don't become victims of Satan's snare.

Remove brotherly love – instead promote lips love.

Love has to be genuine II Peter 1: Hatred or bitterness should never find a place in your heart. Instead, be a holy vessel where the Holy Spirit dwells. II Timothy 2:21 Ephesians 4:31-32

Accept false witness among themselves. Give chance to "lie a little" as it makes their prayers unheard and doesn't allow them get eternal life.

This is a tool Satan is using so that your prayers are not heard.

Make them know the great day of Messiah is to come but it is still very far - awaiting power decrease.

If you ask the church "Messiah comes now, are we ready?" you will see surprised faces. Because many believe that Messiah is coming but should not be now. Hebrews 10:35, 1 Thessalonians 5:4-5

Accept worldly earning that doesn't profit the eternal earning.

In the book of Luke 16:9. our worldly treasure should profit us in eternal riches. Many have left wealth at home and came to church. They don't use what they have to serve God. This has resulted in praying under the trees, schools or even at someone's home, no church buildings, poor gospel outreaches, no charitable work at church or public address systems!

Provide indecent materials (including pornography) to derail prayers.

This reminds of a brother who had joined college. When he came home on vocation, he could not attend Sabbath services. A church deacon visited him and after a long talk, he confessed that he felt weak spiritually and unable to pray. On further inquiry, he confessed that he

had been watching pornographic content. So this a strong weapon that the devil is using to destroy prayerful life of many youths in the church. Beware! Ephesians 5:3-5.

Remove family union - differentiate husband and wife together with their children.

Marriage institution was started by Elohim himself. The devil knows very well that Elohim hates separation and divorce. Malachi 2: 15-16. He says what Elohim has united no one should put asunder! Mathew 19:6.

Marriages are breaking because the enemy knows that once the family separates, the church weakens.

PRAYER

The Bible teaches that *prayer is a way of communicating with Elohim*. Psalms 142:1.

Every Messianic is advised;

- To pray without ceasing for the devil is constantly at war with the children of Elohim. **I Peter 5:8, I Thes 5:17.**
- Watch and pray **1 Peter 4:7**
- To be prayerful **Romans 12:12c**
- To be vigilant through prayer **Colossians 4:2**

Through prayer there: -

- a) Is power to witness
- b) Are miracles performed
- c) Is a direct link to heavenly throne
- d) Is Spiritual heavenly power manifestation through word and deed
- e) Is supplication and holiness that shakes the heathen and prevent them from mingling with the saints **Acts 5:13**

Psalms 142: 1 King James Version (KJV)

I cried unto the LORD with my voice; with my voice unto the LORD did I make my supplication.

Reasons for praying

- ♦ To put on all the armor of Elohim **Eph 6:10-18**
- ♦ To prevent the Devil's snares **James 4:7**
- ♦ In order to be steadfast in faith
- ♦ To be an apt teacher
- ♦ To understand the will of Elohim **I Cor 14:20**
- ♦ In order to be spiritual and pleasing to Elohim
- ♦ In order to grow in grace and knowledge of Elohim **II Peter 3:18**

What hinders our prayers from being answered?

- a. Lack of faith **Hebrew 11:6**
- b. Bad thoughts **Psalms 66:18**
- c. Lack of forgiveness **Mathew 5:23**
- d. Lack of meekness **Luke 18:10-14**
- e. When you don't pray **Mathew 7:7**
- f. When you have another option – plan B **James 1:7,8**
- g. If you don't pray through Yahshua Messiah **John 14:12-14;**

By Kenneth Rotich

Messiah As a Package

By Peter King'ori

The reason for conveying the 3rd Angel's message at Matunda, Western Kenya, was mainly because of one woman. After believing in the Messianic faith, she was so zealous that when she requested us to have the message in her area we couldn't hesitate. Matunda is on the border of Uasin Gishu county (Rift valley) and Kakamega (Western). In fact, on Sabbath, we received many brethren from Rift valley than from Western. Prior to joining the Messianic faith, she was a catholic believer. In her former faith she had a huge office, such that when she received the good news and started enlightening her colleagues, they asked her if she was really serious that she would abandon their faith (catholic) for the new one (messianic). She was very clear to them; that what matters to her is the supremacy of the scriptures and not the position she holds. When she abandoned the faith and embraced the messianic faith, they (colleagues) sought her, tried to convince her back and renounce the messianic faith because the position she held in the church was an esteemed one. After turning their requests down many times, they threw in the towel and let her pursue her new found faith.

On arrival at her place, we were highly welcomed. Not because of work we were to embark on but just because of setting our eyes on each other. Some of us had only communicated with her via the phone just like Paul who had not visited the Colossians and Laodicea

brethren but nourished them via epistles (Colossians 2:1-). On my part, we had not met in person prior the visit but had only been talking via the phone. We were almost twenty in number; this made her very happy since in the locality she was the only messianic believer, and for her to join the nearest church, it would take her many hours. All of us shared the happiness communicated by the host; we were all in one accord, one could think that we had all met her before to the visit.

As usual, when we take the 3rd angel message to an area, before we set out for the place, we make prior arrangements in terms of renting a space for ourselves and for the equipment, unless there is an already well established church, with the capability of accommodating us and with the facilities needed therein. The necessary arrangements had been made. The place prepared for our accommodation was near her home. We therefore spent a lot of time at her home on the first day. We were also joined by her husband who is not a messianic believer. With us was her son who is a messianic believer. This gave us a feeling of warm welcome.

Prior to the visit, we had made met the necessary requirements as required by the government, that is, the area's chief permit for the open air. Romans 13:1-4, as long as there is freedom of worship enshrined in our constitution, it's paramount to liaise with



Arriving at to commence a week open air meeting (3rd Angel Message)

Matthew 16:27; Revelation 22:12



Different factions coming together as brethren.

John 13:35



In a team, all are not Evangelists but all take part in a Mission. 1 Corinthians 12:5



A messenger engaging in an open air Meeting at Kissagame. Revelation 14:9-10;18:4-6



The old and the young join together in the mission at Matunda. 1 John 2:13.



***On transit after a 1 week open air meeting at Kissagame..
2 Chronicles 15:7; 1 Corinthians 15:58***

the government agency for an open air meeting prior to any engagement. The morning after our arrival, we embarked on surveillance; getting acquainted with the area, introducing ourselves. Our place of accommodation happened to be within the center of the target area which also doubled up as the open air meeting venue. This made it easier for us to carry out our mandate especially because moving the equipment to and fro required great effort. In fact one messenger could wake up early in the morning and convey the message while inside the room since we had mounted the speakers on the roof's top. Later, we would be told that the morning message would be heard very clear from a long distance.

During the daytime we would split into groups, mostly two people per group, and visit the locals door to door. One day, in my team, we were accompanied by our host to one of her friends. She initiated the engagement. In Messiah as a package, I had met many women conversant with the scriptures but in my view, she surpasses many despite being a recent convert. She had engaged the woman (the one we visited) prior to us visiting her home. We just reinforced what she had started and we realized that she had done much. Throughout the time we spent there, she confessed that those were among the best moments she has ever had. We would walk for long distances to visit different people who she felt needed to be engaged. She also asked questions on whatever she did not understand or conversant with.

In the evening, when returning from the door to door visits, we would find the rest of our brethren who were left behind, engaging the locals at the open air meeting. At night, we would be visited by the locals who would ask questions to know more from us. They would come in large numbers and their questions would be answered to their satisfaction. One gentleman, a university student, thought he would challenge us since he had been into many "faiths" and thought we were among the revelation 17:5 churches. After engaging him with the scriptures, he started frequenting our room. When leaving, we left him with our contacts. Later, he would call requesting for another sitting.

When our time for departure came, the locals kept asking for an extension of our stay. Most were happy, because they had never heard the message nor seen people who always quoted scriptures for every question asked without craftiness. This was so profound that a number of them offered to provide accommodation for our stay. Their reaction was positive response and an indicator of effective preaching. In the scriptures, we are told to pursue peace with all men (Hebrew 12:14). This means, if the whole duration we were with them they never got offended by our ways, it is something worth to glorify ELOHIM with.

We left having done our part. As I write, we might be going back soonest since there are many calls from the place.

Messiah as a package continues.....

Shalom.



When we read or think about dreadful diseases that will afflict people in the last days, we are certain that Cancer is definitely one of them. Most, if not all of us, have that one relative, friend or neighbor who passed on due to, or is battling with, a cancer of some sort. The mention of Cancer sends shivers down our spines. **Might I be having a Cancer as well? What can I do to protect myself?**

First, what is Cancer? The definition is wordy but I will explain it as far as possible. **Cancer is a group of diseases involving abnormal cell growth with the potential to invade or spread to other parts of the body; not all tumors are cancerous - benign tumors do not spread to other parts of the body.** "A group of diseases" means cancers are first, many in types, and secondly, they affect normal functioning of the body leading to non-specific symptoms such as weight loss, loss of appetite, diarrhea, fatigue, bleeding, coughing, bone pains etc. So, cancers aren't the same; a cancer of the breast is never the same as a cancer of the lungs! "Potential to invade" means they attack normal body cells, destroying them. "Potential to spread" means they can start in one part of the body e.g. the breast and spread to the bones or brain. A tumour is just a swelling. Those swellings that change the normal body cells to abnormal ones but do not spread or aggressively attack the normal cells are the ones that are called "benign" or "harmless" tumours. Some are not harmless as such, for example fibroids.

Is cancer a disease of development? Honestly, it is not possible to say that all cancers are brought about by the rapid development we have witnessed in the recent past. *Many deaths due to cancer used to occur and people would just say, we did not know the cause or blame other diseases altogether.* The much awareness of cancer being the cause of deaths in the recent past is due to good equipment that can tell what the problem is (diagnostic machines). However, development contributes to developing cancer in a number of ways; **overexposure to radiations** (mobile phones, laptops and other electrical equipment), **eating too much of refined foods** and less greens and fruits, **less exercise** (there is always a matatu or a boda boda to use for transport even for short distance travels), **exposure to certain chemicals** e.g. DDT and asbestos, **enhancing cigarette smoking and alcohol abuse** (through media, people are shown that smoking is cool...) etc.

Other risk factors include **genetics** i.e. there is a likelihood that if a close family member has/had cancer, you might as well develop it; **race** i.e. some cancers are common in Africa and not in Europe and vice versa; **age** - some develop in childhood, some develop in adulthood. **Other risk factors for developing cancers are very specific to a particular cancer. For example, in addition to genetics and age, breast cancer is associated with "not giving birth" and/or "not breastfeeding".** Note that these are risk factors and not causes. Very few cancers have known causes.

Though there are hundreds or even thousands of cancers, the most common ones are four: **breast cancer and cervical cancers in women and prostate and colon cancer in men.** Lung and pancreatic cancers are not very common in our setting but are grouped as most deadly because diagnosis is made late when treatment cannot do much.

The good news is that, **screening is available for all of the four most common cancers.** Screening for a cancer involves doing some simple examination, self or by a medical professional, often without cumbersome procedures. **Breast cancer is sufficiently screened through a breast self-examination** (all females who are in or are past the adolescence stage should know how to do a breast self-examination; if you do not know how to do it now, kindly ask a trusted female medical professional you know or visit any trusted health facility and ask to be shown how to - they will be more than glad to explain to you. Alternatively, for those with access to internet, do an internet search on the same - a Youtube video will be adequate). **Cervical cancer is screened through a VIA/VILI and/or pap smear tests.** Many health centres all over the country provide this service, probably free of charge. Some high level hospitals may charge some fees. Others do the screening for free on specific dates. Though I am certain that most Messianic Women are not exposed to the agent that is thought to cause cervical cancer (Human papilloma virus), there is no harm in getting screening especially after one is in marriage. **Prostate cancer is screened through a medical examination (feeling for the size of prostate) and/or a PSA (Prostate Specific Antigen) test.** PSA test is a simple test that uses a simple blood sample just as little as the one used to check for infections in the body when one is sick. **Colon cancer screening is done by a simple procedure called sigmoidoscopy.** Screening for prostate and colon cancer is more difficult than screening for breast and cervical cancers and may require specialized services. If referred to a medical doctor or a consultant physician or surgeon, don't be alarmed. Screening for these two usually start at age 40.

I would like to urge you, as a friend, to kindly seek more information on how to get screening services from your trusted medical colleague. If eligible, kindly get screened as soon as possible. If these cancers are detected early, treatment is almost always guaranteed. **The key thing is SCREEN to PREVENT.** That is why I haven't talked about treatment. Until Yahshua comes with the kingdom of peace, we will always have cancers to grapple with.

Prevention is always better than cure!

3 John 1:2 [XCVI]

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.

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