

Revelation 18:4

"And I heard another voice from heaven, saying, Come out of her, my people, that ye be not partakers of her sins, and that ye receive not of her plagues."

3RD ANGEL MESSENGER

APR/MAY/JUN 2018
ABIB/ZIF/SIVAN 5778

VOLUME 3, ISSUE 2

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The Resurrection of the Just

By Peter G. King'ori.

Ev

Every day the world is becoming wicked as proven by events being recorded worldwide. Many people are not aware of the fact that, the same had been prophesied many centuries back. One prophet

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Egerton Open Air Evangelism

WOMEN OF FAITH

By Martin Makokha.

Mention the name, "Women of Faith" and everyone will think of an American all women singing group. This group is very popular with their hit songs which includes, "All things are possible", "Wonderful" etc.

This article is not about this famous group of women musicians.

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By
Messianic Students Association
of Kenya

AT LEAST, DO SOMETHING!

By Bro Solomon Macharia

It's 5 a.m. on a Sabbath morning, I wake up and prepare to visit a group of dedicated evangelists of the Church of God Sev-



with
Fruits
of the
Kingdom

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Editor's Note

As we celebrate the second most important ordinance in Messianic faith, after baptism, may Flohim prepare us to partake the same successfully in all designated venues.

In the second issue of volume 3 of the 3rd Angel Messenger we have new input, that is, new contributors apart from the usual ones. Since we are planning to release the Magazine on a monthly basis, we have brought on board Mackline Kipkirui. Coincidentally Mackline is Njogu's colleague at the School of Medicine in The University of Nairobi, Njogu being the elder brother. They are both zealous in Flohim's vineyard and we were all together in the just concluded "Messiah as a package" at Egerton.

We all desire to have a happy ending in all our endeavors. This also applies to our spiritual input. As we work in Flohim's vineyard, we expect reciprocation at the end of the ages. If we don't lose hope in pursuing Flohim via his Decalogue, we shall reap and be allowed in his Kingdom as attested by "The Resurrection of the Just". It is said "Behind every successful man there is a woman" (Even Paul did quote Philosophers as affirmed in Acts 17:28). Even in the bible there are women who overcame different challenges and as attested by their deeds they are an emulation to others who would want to live faithfully. The aforementioned is well expounded by Martin K. Makokha in "Women of Faith". "Did the Ten commandments exist before Sinai?" The issue is Scripturally engaged by Lawrence Mugambi. Solomon Macharia is back after a while with "At least do something!", which emphasizes on the need of redeeming time by inputting positively in Flohim's vineyard. On foreign missions, we have been highlighting on Zambia. This issue highlights on the Rwanda mission. John Michael Bett gives a detailed report on the same in "Taking the Gospel to Rwanda: The Land of a Thousand Hills". We welcome our new contributor via his premier Article "Manhood under Siege". The foregoing is very timely and as Irungu wa Ichura reinforces the same with Scriptures, I concur. Njogu Mureithi gives a clear rationale on Blood Pressure in "What is my BP like?". "Messiah as a package continues"...

This issue's "Messiah as a package" was reinforced by the M.S.A.K (Messianic Student Association of Kenya). I thank Flohim for the zeal bestowed to the students to input in Flohim's work in spite of their tight academic Calendar. May Flohim bless them abundantly for their ardent work.

The 3rd Angel Messenger have and will be having a quarterly Lesson for the Sabbath's Children. Anyone interested on the same can engage us.

As usual get interactive with us via the addresses provided herein.

From me and the 3rd Angel Messenger fraternity we give glory to Flohim for the completion of this second issue, of our third volume (1st Corinthians 15:57).

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NOT TO BE SOLD. MATHEW 10:8 "...FREELY YOU HAVE RECEIVED, FREELY GIVE"

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The Resurrection of the Just

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through the Holy Spirit affirms of increase in wickedness during the end of times. Daniel 12:10 "Many shall be purified, and made white, and tried; but the wicked shall do wickedly: and none of the wicked shall understand; but the wise shall understand". In this scripture, there are two classification of people, that is, the wicked and the wise. The former will continue in wickedness and shall not understand but the latter shall understand. When Messiah came to the world to redeem the lost sheep of Israel, he gave a parable which also classifies people into two classifications. The rationale of the parable is very informative to the wise since it expounds on how to be alert and get wisdom, hence becoming wise. The parable is well expounded in Mathew chapter 25. Since Elohim has given each of us as individuals, the prerogative of serving him, or not to serve him {Deuteronomy 30:15-18}, the ball is in our court now, to input positively.

The Scriptures affirms of two resurrections [Revelation 20:4-6]. **However, the reward that Messiah promises only applies to the first resurrection.** In Mathew 16:27; Romans 2:6; and Revelation 22:12, Messiah clearly affirms he is coming with the reward to pay every person according to his/her input. When Paul engaged the Galatians, he openly stated "Do not be deceived; ELOHIM is not mocked for whatever a man sows, that he will also reap" {Galatians 6:7}. Elohim being the faithful judge, he will render every man according to his work. Paul when engaging a gentile leader, he expounded to him about the resurrection (s), and as attested in Acts 24:15 "And have hope toward Elohim, which they themselves allow, that there shall be a resurrection of the dead, both of the just and unjust". The rationale in the these scriptures attests of the resurrection of the just and unjust. To understand better, the Revelation reveals that the resurrection of the just and unjust will not be

concurrently but the former will precede the latter as affirmed by Revelation 20:5

"But the rest of the dead lived not again until the thousand years were finished. This is first resurrection". The preceding verse of the aforementioned [verse 4], clearly affirms that the highlighted therein are the just. Hence, the just will rise first and reign with Messiah for a thousand year.

We should strive to abide by Elohim's Decalogue which is the virtue to the resurrection of the just as attested by Revelation 22:14 "Blessed are they that do his commandments, that they may have right to the tree of life, and may enter in through the gates into the city" {K.J.V.}. It is imperative for everyone who claims to be a Messianic believer, to examine him/herself and prepare for the resurrection of the just via following the laid terms of engagement by Elohim. Elohim is faithful in his promises and as attested by Hebrew 10:23, he will fulfill his promise to the just. Hebrew 10:23 "Let us hold fast the profession of our faith without wavering; [for he is faithful that promised;].

As we continue living in this wicked world, it is paramount to avoid being defiled by the world so as to stand blameless on the resurrection morning. Jude 1:24 "Now unto him that is able to keep you from falling and to present you faultless before the presence of his glory with exceeding joy". As the aforementioned states, it is the prerogative of an individual to follow Elohim's word to the letter so as to be accepted and remain blameless on Messiah's second coming.

Our era being the Laodecian era, we have been fully advised on what to do as outlined Revelation 3:14-21. In the preceding church's era the advice is the same, that is, they

(Continue reading.....next page)

The Resurrection of the Just

May Elohim help us overcome, and stand before him undefiled, hence be allowed in the resurrection of the just [Revelation 3:21].

had to overcome beginning with the first era of Ephesus, Revelation 2:1-7, Smyrna, Revelation 2:8-11, Pergamos, Revelation 2:12-17, Thyatira Revelation 2:18-26, Sardis Revelation 3:1-5, Philadelphia 3:7-17, the last of the aforementioned, that

is, Philadelphia is the immediate precedent of our era the Laodecian. In spite of their challenges they never denied Elohim [Revelation 3:8]. Hence, as the last era, we should emulate them and overcome despite the wickedness of the world.

May Elohim help us overcome, and stand before him undefiled, hence be allowed in the resurrection of the just [Revelation 3:21].

Peter G. King'ori, 3rdangelmessenger@gmail.com.

Attention! Attention!

What? Passover (Pesah)!

[[Deu 16:1]] TS2009 “Guard the new moon of Abib, and perform the Pěsaḥ to יהוה your Elohim, for in the new moon of Abib יהוה your Elohim brought you out of Mitsrayim by night.

When? 14 of Abib

[[Exo 12:6]] TS2009 ‘And you shall keep it until the *fourteenth day of the same new moon*. Then all the assembly of the congregation of Yisra’ ĕl shall slay it between the evenings.

Where? Where Elohim has Appointed/Our Holy Convocations

[[Deu 16:2]] TS2009 “And you shall slaughter the Pěsaḥ to יהוה your Elohim, from the flock and the herd, in the place where יהוה chooses to put His Name.

[[Deu 16:5-6/TS2009]] “You are not allowed to slaughter the Pěsaḥ within any of your gates which יהוה your Elohim gives you, but *at the place where יהוה your Elohim chooses to make His Name dwell*, there you slaughter the Pěsaḥ in the evening, at the going down of the sun, at the appointed time you came out of Mitsrayim.

How? The unleavened bread and the cup of the fruit of the vine (The Body and the blood of Yahshua)

[[Mat 26:26-29/TS2009]] And as they were eating, יהוה took bread, and having blessed, broke and gave it to the taught ones and said, “Take, eat, this is My body.” And taking the cup, and giving thanks, He gave it

to them, saying, “Drink from it, all of you. “For this is My blood, that of the renewed covenant, which is shed for many for the forgiveness of sins. “But I say to you, I shall certainly not drink of this fruit of the vine from now on till that day when I drink it anew with you in the reign of My Father.”

[[1Co 11:23-25/TS2009]] For I received from the Master that which I also delivered to you: that the Master יהוה in the night in which He was delivered up took bread, and having given thanks, He broke it and said, “Take, eat, this is My body which is broken for you; do this in remembrance of Me.” In the same way also the cup, after supper, saying, “This cup is the renewed covenant in My blood. As often as you drink it, do this in remembrance of Me.”

Who? Saints

[[1Co 11:28-29/TS2009]] But let a man examine himself, and so let him eat of that bread and drink of that cup. For the one who is eating and drinking unworthily, eats and drinks judgment to himself, not discerning the body of the Master.

Why? It's a testimony of Yahshua

[[1Co 11:26]] TS2009 For as often as you eat this bread and drink this cup, you proclaim the death of the Master until He comes.

[[Rev 14:12]] TS2009 Here is the endurance of the set-apart ones (Saints), here are those guarding the commands of Elohim and the belief of יהוה

Women of Faith

By Martin Makokha.

(Continued from page 1)

but about the real women of faith. This group of women is not famous, they're not popular, mostly worked behind the curtains and you rarely hear about them.

Apostle Peter in advising husbands said;

"Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered" (KJV) **1 Peter 3:7**

The first part of Apostle Peter's advice is usually taken seriously. *"Women are weak vessels"* That line usually appeal to the masculine ego. That line has over the years been the hiding place for many husbands.

Apostle Peter says that women are heirs of grace of life together with men and that they play a key role in the acceptance of husbands' prayers. Have a woman of faith as a wife and your prayers will be accepted, have the contrary and live in regrets.

The Bible has many instances of women that I refer to as 'women of faith.' Let's cover only three of them;

1. SARAH

Formerly known as Sarai, she came to the scene when already married to Abram. We aren't told about her early life. The only thing we're informed that early is her barrenness.

Sarah had a promise from the Almighty of becoming the mother of nations and kings (Gen.17:5, 6). Most of the times we look at Sarah as a doubting woman who laughed off Elohim's promise of having a son. But indeed she played a key role in Abraham's life of faith.

Sarah was a confidant of Abraham and had her husband's ear. When she realized that years are passing by and she won't give her husband a son, she came up with a plan, to have her maid bore a son by his husband. She never went for any maid, but for a woman she had known for ten good years- Hagar. Abraham hearkened to her voice and slept with the maid.

On seeing that she's expectant of his boss, Hagar started despising Sarah. Sarah never turned the blame to Abraham but owned up her error (Gen.16:5).

As a woman of faith, Sarah knew Elohim's will. This is



Effie and A.N. Dugger.

Effie helped her husband start and establish the work at Jerusalem, notably are her inputs in the MZR Judah magazines.

clear when she wanted Hagar and Ishmael to be sent away. Abraham wasn't of the idea as he had developed a relationship with Ishmael. But Elohim agreed with Sarah that Ishmael and Hagar be sent away (Gen.21:12)

In the New Testament, Sarah is mentioned thrice, though not mentioned in the faith chapter (Heb.11) of which I believe is due to time and space (Heb.11:32). But all New Testament believers will agree that indeed she was a woman of faith.

Whenever marriage matters are discussed Sarah's name is mentioned as a perfect example of what befits a wife. It's amazing that in Apostle Peter's first epistle the only woman mentioned by name is Sarah. She's mentioned as a gauge to women throughout the generations pertaining marriage (1 Peter 3:6)

2. JOCHEBED

The name may sound unfamiliar to many but to those who attended Sabbath schools in their tender ages, this name is familiar.

Moses and Harun are very popular personalities of the Old Testament. They were very instrumental in the redemption of the Children of Israel from the Egyptian

bondage.

Jochebed was the wife of Amram the Levite and the mother to Harun, Moses and Miriam. All the three children are perhaps more popular than their mum. In the entire Bible the name Jochebed occurs only twice, (Ex. 6:20; Numb.26:59).

When Jochebed gave birth to her last born, it was at perilous times. An order from King Pharaoh was that any boy child born amongst the Hebrews should be killed. This order from the king didn't deter the urge of Jochebed to have her son live.

Apostle Paul in the faith chapter says, it was by faith that Moses parents decided to take that risk. Paul says as if it was a decision of both parents;

"By faith Moses, when he was born, was hid three months of his parents, because they saw he was a proper child; and they were not afraid of the

king's commandment"
Heb.11:23

But according to Moses himself, it was his mum Jochebed that hid him.

"And the woman conceived, and bare a son: and when she saw him that he was a goodly child, she hid him three months" **Exodus 2:2**

Whichever the case, the fact remains that Jochebed played a key role in hiding Moses for a period of three months. When conditions worsened and she realized the risk of her son being caught and killed were increasing, she came up with another plan.

"....she took for him an ark of bulrushes, and daubed it with slime and with pitch" v3

She placed Moses in an ark, put it in the river and let her daughter Miriam take watch over Moses. Such a mum is a wonderful woman of faith. How many mothers would have done such especially among this end time generation filled with abortions!

Jochebed went further to task Miriam to keep watch and report anything that happens. It was Miriam who convinced Pharaoh's daughter to let Jochebed take care of the baby. An act of faith and courage.

Even after Pharaoh's daughter bestowing her trust on Jochebed. She didn't stop reminding Moses that he was indeed a Hebrew and not an Egyptian. She made sure that all the Egyptian education Moses received is diluted. And she succeeded in bringing

up a hero in Moses the stammerer.

3. ANNA DAUGHTER OF PHANUEL.

There are many other women of faith in the Old Testament but space and time would not allow, lets cover one from the New Testament.

Anna daughter of Phanuel from the tribe of Asher may not be popular to many. In fact, she's mentioned only in a single verse in the entire New Testament.

Among the Gospel authors its only Luke who took note of this woman of faith. She was a prophetess and had only been in marriage for seven years. Her husband died when she mostly needed him, thus she was left a very young widow.

In todays' World where most women are married roughly at the age of 26 years, this leaves Anna a widow at 33 years! According to Robertson's Commentary the marriage age for women during those days were at 15 years, meaning she was possibly widowed at 22 years and remained a widow for 84 years.

She devoted her entire life to Elohim's ministry, in the temple fasting and praying awaiting the redemption of Jerusalem. A widow possibly with no child, some may wonder why spend time fasting and praying as this great woman of faith did. At 106 years old! Anna was among the few blessed to hold and see baby Yahshua when His parents brought him to the temple.

Though Luke 2:36-28 covers a very short story of Anna, indeed I envy her devotion to Elohim of Israel.

These indeed are women of substance, women of faith, women who though are asleep awaits the coming Kingdom of peace.

1 Cor. 10:13

(c) Martin Makokha 2018



Daughter of A.N. Dugger—Assisted her husband to carry on with the Work at Jerusalem after the passing on of His Father.

Did The Ten Commandments Exist Before Sinai?

By Lawrence Mugambi.

Greetings in the Name of Yahshua HaMashiach,

One week ago I was discussing about the observance of Sabbath as binding forever with some non-believers. They argued that the fact that Elohim rested on the seventh day and sanctified it as according Genesis 2: 1-3, nowhere in Genesis did He command anyone to observe Sabbath. According to them and many other Sunday keepers argue that the Ten Commandments were only given to the Israelites and never existed before, here is one of the arguments:

*There is no doubt what Moses told the Jews about the Sabbath. He said that Elohim "... declared unto you His covenant, which He commanded you to perform, even ten commandments" and then affirmed, "The Lord our Elohim made a covenant with us in Horeb. **The Lord made not his covenant with our fathers, but with us, even us, who are all of us here alive this day**" (Deut. 4:13; 5:2-3). How much clearer could Elohim be in saying that the **ten commandment covenant which included the Sabbath was not made with the fathers like Abraham, Isaac and Jacob?***

For a believer who is not anchored well in the scriptures might find it hard to prove that the Ten Commandments existed before Sinai. How does one handle an argument with someone who believes that the Sinai Covenant and Elohim's commandments came into existence together and went out of existence together? Here is a summary to help one to make a strong case



about the Ten Commandments as binding forever.

The Holy Scriptures defines sin as *"the transgression of the law"* 1 John 3: 4. We are also told that *"where there is no law there is no transgression"* Romans 4: 5.

Let's use an illustration to clarify these points: Suppose you are driving on a motorway where no local or national speed limit exists. If you are travelling at a speed of 80mph, can you be penalized for speeding? What about 90mph? How about 100mph? The answer is no! You cannot be penalized for speeding where there is no law stating a maximum speed or the speed limit. In other words, *"where there is no law, there is no transgression."* A law has to exist in order to be transgressing or "breaking" the law.

So if no law existed, then there could be no sin and no one could be found guilty of sin because there would be no law to sin against. So if we have had sin from the beginning, then it stands to reason that we have had the law of Elohim from the beginning (way before any Jews were on the scene).

So do we find transgressions of the Ten Commandments described as sinful before Mt. Sinai? Let's look at the evidence.

THE LAW OF ELOHIM WAS KNOWN!

What was the difference between the characters of Cain and Abel? **1st John 3:12** ... "Not as Cain, who was of that wicked one, and slew his brother. And wherefore slew he him? Because his own works were evil, and his brother's righteous."... Now notice that this Bible verse says that the works of Cain were evil, but the works of Abel were righteous. So there must have been a standard by which their characters could be weighed against. This standard must have defined the difference between right and wrong, good and evil. And what standard was that? The law of Elohim. Take a look at these following Bible verses:

Genesis 13:13 ... "The men of Sodom were **wicked and sinners** before the Lord exceedingly."

2nd Peter 2:7-8 ... "And delivered just Lot, vexed with the filthy conversation of the wicked; for that righteous man dwelling among them, in seeing and hearing, vexed his righteous soul from day to day with their unlawful deeds."

Genesis 15:16 ... "But in the fourth generation they shall come hither again; for the iniquity of the Amorites is not yet full."

Now how could the men of Sodom be wicked and sinners if there was no law in place? And how could the Amorites be guilty of iniquity if there was no law? And for the clearest cut Bible verse, have another look at 2nd Peter 2:7-8 above. It says that the people of Sodom did **UN-**

LAWFUL deeds. Now how can someone be **UN-lawful** where there is no law? There had to have been a law in place for the people to obey, and that law was the Ten Commandments.

Now take a look at this following Bible verse: ... **Genesis 26:5** ... "Because that Abraham obeyed My voice, and kept My charge, My commandments, My statutes and My laws." ... What did Abraham do (before Sinai)? **He KEPT ELOHIM'S COMMANDMENTS!!** So how can anyone say the law of Elohim didn't exist before Sinai, when Abraham **KEPT** Elohim's law?

If we belong to Messiah Yahshua, then who are we? **Galatians 3:29** ... "And if ye be Messiah's, then are ye Abraham's seed, and heirs according to the promise." ... We are Abraham's seed. And what should we do if we are Abraham's seed? ... **John 8:39** ... "Yahshua saith unto them, If ye were Abraham's children, ye would do the works of Abraham." ... We should do the works of Abraham. What works? Obedience to Elohim. Abraham kept the commandments of Elohim and so should we.



TEN COMMANDMENTS BEFORE THE TABLETS OF STONE

Commandment 1: *"Thou shalt have no other gods before me."* **Exodus 20:3**

In the recorded account of Exodus, we see that Elohim was ready to serve justice on all the inhabitants of Egypt for putting other gods before Him. Note what it says in **Exodus 12:12** *"and against all the gods of Egypt I will execute judgment: I am the Lord."*

Commandment 2: *"Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: thou shalt not bow down thyself to them, nor serve them:"* **Exodus 20:4-5.**

Hundreds of years earlier Elohim was working with the patriarch Jacob. After Elohim spoke to Jacob, notice what he did with the idols that were among his household:

"And Elohim said unto Jacob, Arise, go up to Beth-el, and dwell there: and make there an altar unto Elohim, that appeared unto thee when thou fleddest from the face of Esau thy brother. Then Jacob said unto his household, and to all that were with him, Put away the strange gods that are among you, and be clean, and change your garments: and let us arise, and go up to Beth-el; and I will make there an altar unto Elohim, who answered me in the day of my distress, and was with me in the way which I went. And they gave unto Jacob all the strange gods which were in their hand, and all their earrings which were in their ears; and Jacob hid them under the oak which was by Shechem." **Genesis 35:1-4.**

So we see Jacob understood the importance of getting rid of idols and only worshipping the true Elohim.

Commandment 3: *"Thou shalt not take the name of the Lord thy Elohim in vain"* **Exodus 20:7.** It seems the patriarch Job lived before Moses, according to many Biblical Scholars & Historians. Job was concerned that his children might have been taking Elohim's name in vain, and he knew that was wrong.

"And it was so, when the days of their feasting were gone about, that Job sent and sanctified them, and rose up early in the morning, and offered burnt offerings according to the number of them all: for Job said, It may be that my sons have sinned, and cursed Elohim in their hearts. Thus did Job continually." **Job 1:5.**

Commandment 4: *"remember the Sabbath day, to keep it holy"* **Exodus 20:8.**

To remember the Sabbath is to recall something that was established earlier.

Notice Genesis 2:3: *"And Elohim blessed the seventh day, and sanctified it: because that in it he had rested from all his work which Elohim created and made."*

Interestingly, Israel was reminded to remember the Sabbath even before they came to Mount Sinai. This was when Elohim gave them manna to eat.

"And he [Moses] said unto them, This is that which the Lord hath said, To morrow is the rest of the holy sabbath unto the Lord: . . . And Moses said, Eat that to day; for to day is a sabbath unto the Lord: to day ye shall not find it [manna] in the field. Six days ye shall gather it; but on the seventh day, which is the sabbath, in it there shall be none.....And it came to pass, that there went out some of the people on the seventh day for to gather, and they found none. And the Lord said unto Moses, How long refuse ye to keep my commandments and my laws?" **Exodus 16:23- 28.**

So even before they arrived at Mount Sinai, Elohim expected the people to obey His com-

mandments, including the Fourth Commandment.



Commandment 5: *"honor your father and your mother" Exodus 20:12.*

Jacob and Esau both had dishonored their parents, but Jacob finally did obey. *"When Esau saw that Isaac had blessed Jacob, and sent him away to Padan-aram, to take him a wife from thence; and that as he blessed him he gave him a charge, saying, Thou shalt not take a wife of the daughters of Canaan; and that Jacob obeyed his father and his mother, and was gone to Padan- aram;" Genesis 28:6-7.*

In the beginning, with Adam & Eve, Adam was called; *"...the son of Elohim+" Luke 3:38.* Now when Adam & Eve sinned against Elohim the ground became cursed; *"And unto Adam he said, Because thou hast hearkened unto the voice of thy wife, and hast eaten of the tree, of which I commanded thee, saying, Thou shalt not eat of it: cursed is the ground for thy sake; in sorrow shalt thou eat of it all the days of thy life;" (Genesis 3:17).* Notice that later a blessing of land is promised for those who obey the fifth Commandment;

"Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy Elohim giveth thee." Exodus 20:12

Commandment 6: *"Thou shalt not kill" Exodus 20:13*

Elohim told Cain he was to rule over and avoid sin, as anger was in Cain's heart.

"And the Lord said unto Cain, Why art thou wroth? and why is thy countenance fallen? If thou doest well, shalt thou not be accepted? and if thou doest not well, sin lieth at the door. And unto thee shall be his desire, and thou shalt rule over him. And Cain talked with Abel his brother: and it came to pass, when they were in the field, that Cain rose up against Abel his brother, and slew him." Genesis 4:6-8.

Cain's anger led to the sin of murder.

After the Flood, people knew that Elohim was against murder and demanded a penalty for it. *"And surely your blood of your lives will I require; at the hand of every beast will I require it, and at the hand of man; at the hand of every man's brother will I require the life of man. Whoso sheddeth man's blood, by man shall his blood be shed: for in the image of Elohim made he man. " Genesis 9:5-6.*

In the Exodus story we see that the midwives "feared Elohim" & would not kill the babies on birth;

"And the king of Egypt spake to the Hebrew midwives, of which the name of the one was Shiprah, and the name of the other Puah: and he said, When ye do the office of a midwife to the Hebrew women, and see them upon the stools; if it be a son, then ye shall kill him: but if it be a daughter, then she shall live. But the midwives feared Elohim, and did not as the king of Egypt commanded them, but saved the men children alive." Exodus 1:15-17.

Commandment 7: *"Thou shalt not commit adultery." Exodus 20:14*

This Commandment was well known and under-



Commandment 9: “*Thou shalt not bear false witness against thy neighbour.*” **Exodus 20:16** Lying first started in the garden of Eden. When satan told Eve that “You will not surely die”, if she ate the fruit from the forbidden tree. We all now see the consequences of listening to this lie! Job also understood this Commandment, as he made many references to lying:

stood by Joseph.

“And it came to pass after these things, that his master’s wife cast her eyes upon Joseph; and she said, Lie with me. But he refused, and said unto his master’s wife, Behold, my master wotteth not what is with me in the house, and he hath committed all that he hath to my hand; there is none greater in this house than I; neither hath he kept back anything from me but thee, because thou art his wife: how then can I do this great wickedness, and sin against Elohim?” **Genesis 39:7-9**. Elohim also had warned Abimelech, king of Gerar, not to commit adultery with Sarah. “But Elohim came to Abimelech in a dream by night, and said to him, Behold, thou art but a dead man, for the woman which thou hast taken; for she is a man’s wife.” **Genesis 20:3**.

Commandment 8: “*Thou shalt not steal.*” **Exodus 20:15**

This Commandment was apparently on Jacob’s mind when he discussed his wages with Laban. “*So shall my righteousness answer for me in time to come, when it shall come for my hire before thy face: every one that is not speckled and spotted among the goats, and brown among the sheep, that shall be counted stolen with me.*” **Genesis 30:33**.

“But ye are forgers of lies, ye are all physicians of no value.” **Job 13:4**.

“And if it be not so now, who will make me a liar, and make my speech nothing worth?” **Job 24:25**.

“my lips shall not speak wickedness, nor my tongue utter deceit” **Job 27:4**.

“Should I lie against my right? my wound is incurable without transgression” **Job 34:6**.

“For truly my words shall not be false: he that is perfect in knowledge is with thee.” **Job 36:4**.

Commandment 10: “*Thou shalt not covet thy neighbour’s house, thou shalt not covet thy neighbour’s wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour’s.*” **Exodus 20:17**

This Commandment has been breached ever since Eve saw and desired (coveted) the fruit from the tree of the knowledge of good and evil. Adam ate of it as well (**Genesis 3:6**), and then both of them justified their actions (**verses 10-13**). The result of their disobedience to Elohim was that they were kicked out of the Garden of Eden.

In the Exodus wanderings, Moses father-in-law, Jethro, advised him to;

“Moreover thou shalt provide out of all the people able men, such as fear Elohim, men of truth, hating covetousness; and place such over them, to be rulers of thousands, and rulers of hundreds, rulers of fifties, and rulers of tens:” Exodus 18:21.

THE 10 COMMANDMENTS EXISTED BEFORE MOSES AND ARE STILL IMPORTANT TODAY AND ALSO IN FUTURE

In summary, the 10 Commandments were known before Moses, and they are still important laws for all people today. The Bible shows that the Ten Commandments did not originate with Moses or in his time. Nor were they in any way limited only to the Jews. They were in effect and known long before Moses or a people known as the Jews existed. They are the foundation of Elohim's laws that show us how to love Elohim (defined by the first four Commandments) and how to love our fellow man (defined by the last six).

Elohim gave His laws for our good (**Deuteronomy 10:13**). They are based on love and help us know how to show love to Elohim and our fellow man (**Romans 13:9-10**).

“For this is the love of Elohim, that we keep his commandments: and his commandments are not grievous.” 1st John 5:3.

Blessed are they that do his commandments, that they may have right to the tree of life, and may enter in through the gates into the city. (Revelation 22: 14).

Be blessed. **Find** articles, tracts, MZR newsletter, and lessons from: <https://jsd-cog.org/downloads>

Yours in Messiah,

Lawrence Mugambi

About the Cover Photos...

Top: Members of **Messianic Students Association of Kenya (MSAK)** who attended a gospel outreach and a rally at Egerton University. The host congregation was Belbur fellowship and the host organization was Messianic Union of Egerton University (MUEU). MSAK has members across almost all the universities and colleges in the country. It is an umbrella body consisting of individual Messianic Associations, Unions or groups of any institution of higher learning. Among other objectives, it serves to protect the interests of all Messianic Students at school e.g. assisting in registration of individual Messianic Students Associations, evangelism as well as seeking inter-factions unity amongst Messianic brethren. These objectives are inspired by the need to serve the Almighty Elohim and His only begotten Son, Yahshua Messiah, as one people and in love.

Middle: The national officials of MSAK presenting a song: Currently, the chairman is a 4th Year student of Bachelor of Pharmacy at KU, Nicolas Kipngetich Langat.

Bottom: The fruits of the kingdom from the rally: Three Students were born again. The process was officiated by Elders Busienei and D. Njoroge.



At Least, Do Something!

(Continued from page 1)

By Bro Solomon Macharia

enth Day in Mang'u on the way to Gatundu, the ancestral home of the president of republic of Kenya. After a short prayer I board a matatu that will take me to Nairobi so that I can connect through the one and only super highway in Kenya. Immediately we take off, two men sitting behind me start a conversation. I am able to deduce quickly that they are religious people because they talk of a church they attend and are indeed members, one man can even quote his membership number as indicated in his membership card. The conversation continues all through the journey, they are particularly not happy with some of their leaders who are said to exhibit unreligious acts, but one thing strikes me: tithes and offerings. One man says, "We will build the church whether those people behave well or not after all we are not serving them we are serving the Almighty" the other man replies, "Tithing is a heavenly call and not tithing will only bring tribulations" He goes on to narrate how diseases, poverty, sufferings follow non tithers and how prosperity, blessings and abundance follow tithers and true worshippers of the Almighty. He even quotes Malachi 3:8-12

As usual I sought to put myself into perspective, more particu-

larly so, the church in Kenya and the world church. Do I rob Elohim? What happens when we invite politicians and businessmen to Harambees for church building? Do we make them fruitful, blessed and fulfilled while we remain unproductive? Do we really transfer that birth right said by Malachi to them? We quickly reach Nairobi because in such an hour, there is no traffic jam and so ideally, we take about thirty minutes, as opposed to during rush hours, when two hours are wasted on the road. We alight and head to different directions.

It's now time to meet the other brethren with whom we are headed to the same function. On this particular Sabbath, we are attending the conclusion day of a two-week long evangelistic mission. Amazingly we have been blessed with dedicated evangelists, both men and women, who leave the comforts of homes, and camp in tents and other places for the sake of the gospel.

It's important to note here that we did not come from the same group but from different ones, you know the non-essential differences that put us apart? We turned a blind eye on them. We also work very hard to work with whichever group that we find on the ground and wherever we

preach we visit them. We try very hard to go to far and wide places which have not been preached before as in Romans 15:20-21 and Isaiah 52:15.

Personally, I have contributed money but this would be the first time I would contribute my time by physically attending the meetings. Mark you, this will be the last day and they have been camping for two weeks. I question myself "So I am too busy for the work of the Almighty". Out of seven of us who are attending the meeting today only two of them have visited two other meetings, so am not alone but is that a consolation? Where have we been? Too busy? Busy with what? Of course with the toils of the world.

We soon arrive at the meeting place, again the roads are clear, I could not help to shed one tear or two as we greet each other, "Shalom!" No one remembers his group here, not even being concerned with who is an overseer of who or who is an elder of where. We are children of the Almighty called by His name and working hard to inherit the kingdom. Immediately, the service starts and we all join in unison as a song is sung. I shed

(Continue reading.....next page)

a drop of tears. How we blend, how we rhythmically conjoin without prior practice, how we all know word by word all these songs, is on a serious note miraculous! When the voices hit the microphone and are transferred far and wide, I feel my heart skip a beat and I say a silent prayer to El

"If indeed New Jerusalem will be like this, please do not let me miss that joyous moment, allow me to be counted with the saints."

Very early in life (almost from birth), we are trained to be successful according to the world's definition of success. When we go to school, we are told to work hard so that we can land into good jobs in the future. We are driven by goals and accomplishments from the day we take our first steps and ride our first bike. As we grow older, we are pressured to accumulate knowledge and "things" in order to prove our success.

In our Messianic walk, Yahshua calls us to a new definition of success - one determined not by what we accomplish, but by our obedience. The disciples walked and talked with Yahshua, but they still faced many challenges with faith and obedience. One morning after fishing all night without a catch, Yahshua called them from the shore. John 21:6 "And he said unto them, 'Cast the net on the right side of the ship, and ye shall find.' They cast therefore, and now they were not able to draw it for the multitude of fishes." The disciples were successful that morning. But we must understand that the large number of fish did not define their success. They would have been successful even if the nets remained empty. They were successful the moment they were obedient and threw out the net.

One thousand years earlier, King Saul was told to "attack the Amalekites and totally destroy everything that belongs to them," (1 Samuel 15:3). But Saul allowed the Amalekite king and the best livestock to survive. He tried to cover His disobedience by saying the calves and lambs were for a sacrifice to Elohim. "But Samuel replied: *'Does the Lord delight in burnt offerings and sacrifices as much as in obeying the voice of the Lord? To obey is better than sacrifice, and to heed is better than the fat of*

rams.'" (1 Samuel 15:22).

In any task we undertake for Elohim, it's easy to become discouraged by our apparent lack of success. We often feel inadequate - and those feelings increase when our goals seem to be elusive. But we must remember, the outcome of the task is secondary to our obedience. Elohim doesn't need our "fish" - He wants our devotion and trust. He desires that we love Him with all our heart, soul, mind, and strength. *Let's take our eyes off the accomplishment of the "catch" and what we can produce. Rather, let's focus on walking each step according to His leading. Let's concentrate all our effort on obeying His call to cast out the net.*

CHURCH GROWTH IN THE WORLD

Dugger spent over a year compiling his Bible Home Instructor, which is a compilation of Church of God doctrines. It draws together all scriptural references to each subject, listed alphabetically. It originally had some 400 pages, covered 195 Bible subjects, and contained 161 photos. The cost of printing these books, which must have been substantial, was mostly covered by the sale of the books by colporteurs, house to house religious salesmen. A good colporteur could earn more than cover his traveling expenses by commissions from the sale of the books. Associated with Dugger in preparing the lessons were Elders J.A. Nugent and Herbert Miles (one of Dugger's first converts, soon after 1914).

Two large 50 x 80 feet tents were purchased and used for extensive camp meetings and evangelistic meetings by trained evangelists.

From 1914 to the late 1920's, the Church of God entered a period of intense evangelism and growth. Evangelists' reports seem to indicate a flurry of activity that intensified with each succeeding year from 1915. Also that year, a typesetting and folding machine was purchased, and a new edition of the song-



A group of ministers and lay leaders at the 1914 General Conference: Standing (left to right); Samuel A. Moore, Brother Pruitt, M. W. Unzicker, A. N. Dugger, Lloyd Shanklin, A. H. Stith, Fred Robinson, D. Paul Ziegler; Seated (left to right); H. T. Whitehall, S. W. Mentzer or Jacob Wilbur, George Richards, Jasper Moore, Alford Blood, L. D. Maple, George T. Rodgers.

book was printed. This was the first year that printed illustrations of subjects were used in gospel meetings (presumably this means the pictorial charts on Bible prophecy). A special drive to increase the Advocate subscription list resulted in a thousand new names added to the list. The "Question Corner" section was started in the Advocate, and Dugger published the tract, "What the Church of God Believes and Why." At the 1917 conference, it was resolved that everyone try to convert someone in the coming year.

Besides Dugger's efforts, there were other Church of God ministers active at this time. Elders F.C. Robinson and James Bartlett reportedly garnered forty converts in eastern Oklahoma in the month of June. Elder H.C. Kilgore added nine converts in Texas at the same time. Elder L.L. Presler was another major evangelist, as was elder Herbert Miles, who baptized thirteen at Albany, Missouri, close to Stanberry. This year also saw the purchase of the first large assembly tent to be used in cities in the evangelist-Bible worker efforts. Miles held meetings at Corydon,

Iowa, as well as other locations. The Sabbath School Quarterlies were also begun this year, which came to be used for Sabbath Bible studies in areas where there was no Church of God minister.

By 1923, the "Big Push" was going at full gallop. The Messenger reported on January 16 that in the past month, some 41,888 pages of free literature had been distributed. Arrangements were being made to print Church of God literature in Norwegian, Swedish, Danish, German, Spanish, and Chinese, as well as two of the languages of India. Dugger reported that "one hundred thousand dollars could be quickly used to great benefit in swiftly spreading the last message." Urgent calls for literature were coming in from all over the world. Dugger felt that Matthew 24:14 was being fulfilled, that Yahshua would not come until the gospel of the kingdom went to every nation, and people of all languages entered the Church of God. This he believed would take several years yet.

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In April of 1924, it was reported that sixteen new churches had been organized since the previous September. By the time of the fall General Conference meeting, it was reported that thirty-seven churches had been raised up in the past year in the United States alone. 80 Of these there were six new churches in Oklahoma (and four others ready to be organized), six in Arkansas (and two others in adjoining states), five new churches in Missouri, and three in California. In finances, \$14,894.50 was received in tithes and offerings, and \$6,196.49 from Advocate subscriptions and sale of tracts. Some \$13,333.00 was paid out for opening the work in new fields. The reason for the growth, Dugger reported was "the faithfulness of our people in tithes and offerings."

Dugger reported in 1921 that, "The greatest success that has been achieved through the Church of God evangelists has been accomplished by tent work." A Church of God tent campaign was a thoroughly prepared effort. Its meetings must have gained wide public interest. Systematic preparation was characteristic of each effort. Every house was notified of the coming meetings. From beginning to end, a meeting could take two or three months to "thoroughly educate the people in the fundamental truths."

A desirable piece of ground near the center of the city was obtained; the tent was erected and wired by city electricity. A piano was rented, and a pulpit and platform were acquired. Bills were printed at Stanberry, each bill announcing the sermons one week ahead of time. Bible Workers (usually women) divided the city into sections, and took a bill to every home, delivering it personally to the family, inviting them to come out the first night. Bills were attached in all the autos in the town. "The result is that the meetings start off with large crowds which steadily increase for a month or more, until the message delivered becomes too strong for some who will not yield, and consequently they discontinue their presence."

CHURCH GROWTH IN KENYA

A meeting was convened in Gitundaga on 5th December 1970 with the sole aim of advancing the noble idea of growth through evangelization. The first Church Overseer in his opening speech said "We are gathered here, today because as members of the Jerusalem Sev-

enth day we have a role in Elohim's work progression, as we are commanded by Elohim to be humble to one another as well respecting the law of Elohim as in Acts 4:32-35 and not uplifting one's status in the church"

He proposed the following measures among others

☐ There should be an offering done once in 2 months solely for the work of evangelization. It should be willingly and all are encouraged to sow their seeds.

☐ Plans will be laid out for safe keeping of all tithes and offerings by the Church members

☐ The Church Treasurer should collect all monies from members on behalf of the church, bank them and thereafter remit receipts to the secretary for filing and documentation.

☐ Make arrangements on how evangelists will be sent to various part of the county for preaching missions.

One elderly man Joshua Wanjohi heeded to the call and willingly gave out Kshs 70 (seventy) for the advancement of the Lord's work.

On 24th January 1971, a church treasury committee was formed with the following as its officials:

Chairman: Kamau Kariuki

Secretary: Warugu Mutonga

Treasurer: Samuel Kariuki.



The Church of God 7th Day in Tiloa Farm, Molo, Kenya, East Africa.



Elders and Deacons of The Church of God in Tiloa Farm, Molo, Kenya, East Africa.

The mandate of the committee was among others, collecting tithes and offering, visiting the sick, ensuring that 30% of the tithes supports local churches growth and assist elders in traveling where needed, and translation of pertinent books and tracts from English to local languages.

These efforts were substantially successful with churches being established in the following places in 1971.

In Embu, Eastern Kenya a first Sabbath was observed when pastor Obadia Karabu and a Mr Kaburia met Kariuki Anastasio who converted to the faith.

Pastor Francis Gathungu and Pastor Joseph Mwangi led believers in Mbogiti, Thika in central Kenya and a church was found.

TIMBOROA, KENYA. —

Dear Brothers and Sisters in Israel,

We thank you all in the work of Yah. We were lost sheep and our Elohim scarched for us and found us. We trust that we can get the truth of God from you in Israel because all parts of the world are darkened by the riding woman on the beast. (Rev. 17:1-6; Isaiah 60:1, 2). Now we turn to Zion, Jerusalem. (Isaiah 2:2, 3; Jer. 12:14-16; Zephaniah 3:10-14.

May God bless you all.

Elder John Kabui Kihara,
J. S. D. Church of God



Elder John Kabui Kihara and Church Group

In Njoro part of Nakuru District, Moses Karanja led believers in forming the first church gathering.

Perhaps the largest gathering was organized in Molo, Kenya led by Pastor Edward Macharia

In Nyahururu near Aberdares, Pastors Samuel Muthotho and Obadia Karabu assisted by elders Wanjihia and Karimi organized church gatherings.

In Maela and Naivasha regions Pastor Harun Muigai Nganga assisted by one Muthee Kihoro led believers in forming a gathering

In Olkalao, Pastor Johana Kirago led other believers in forming a church gathering.

In Muranga, Pas-

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The Church of God group in Mbugiti, Kenya

tor Kimani Kiano led believers in forming yet another gathering.

In Kimende, Lari District, Pastor Kaburia led believers in forming a church gathering

In Nairobi, a church meeting place was organized at Shauri Moyo.

In many of these places, there was no church building, believers met in homesteads, schools, under trees, open fields. In some cases, members were as less as two and they would walk many kilometers to meet their brethren.

Growth was manifested in all places that the initial meetings were held and soon the good news was spreading in the nearby villages and members increased day by day. On 24th September 1975, 2 pastors were ordained, Joel Taita Chepkuto and Joel Kipngetich Taalam. Several elders to assist with the work were also ordained as follows; Daniel A. Soi, Joseph A Tuimising, Zablon A Kerich, Phillip A Koros, Benjamin A Chumo, Reuben A Matecha, Jason A, Chepkwony, Eliud A Koros, James A Koros, David A, Mibei.

Other places that the goods news were preached include, Lungalunga, Lamu, Kirinyaga, Meru, Narok, Kisii, Kisumu, Kericho, Kitale, Lodwar, Busia, Kakamega, Eldoret, Eldama Ravine, Sotik, among others.

CHURCH TODAY

The Church of God, Seventh Day rests on its laurels of prior periods of evangelism, the so-called "good old days." Divisions and splits have rendered it to be so fragmented that it would not appear in the country's map. Its stand cannot be felt and The Church of God Seventh Day is not active in many growing suburb areas like Kajiado, Garissa, Moyale, Wajir, Samburu, Kwale, Taita Taveta among many others. Members in various towns tithe to their local Church minister, to a headquarters organization, or get involved in some kind of vicarious missionary work in Jerusalem or elsewhere, and it stops there. Then there are numbers who just bank their tithes, waiting for an Elijah to come.

If the Church only realized the sad shape it is in, it might do something about it. But we are like a frog in a pan of lukewarm water. The frog doesn't notice as the temperature is gradually increased, degree by degree, until finally he is cooked to death.

Recently various groups have had concerted efforts to evangelise though done independently in some places, The Third Angel Messenger newsletter brings them together. This is laudable and should be supported by all. An umbrella body is in place and is planning an international meeting soon. I think it's a cause to be supported by all. Do not just sit there, **do at least something!** Obey THE CALL.

By Solomon Macharia

**All File Photos... Courtesy of Kenya
Sabbatarians Movement {Kesam}
Facebook Group.**

TAKING THE GOSPEL TO RWANDA; THE LAND OF A THOUSAND HILLS

By John Michael Bett

Province / Region
 (1) EST
 (1) NORD
 (1) OUEST
 (1) SUD
 (1) VILLE DE KIGALI
 New District Boundaries
 New District Region

RWANDA
 New Province / Regions and New Admin District Boundaries

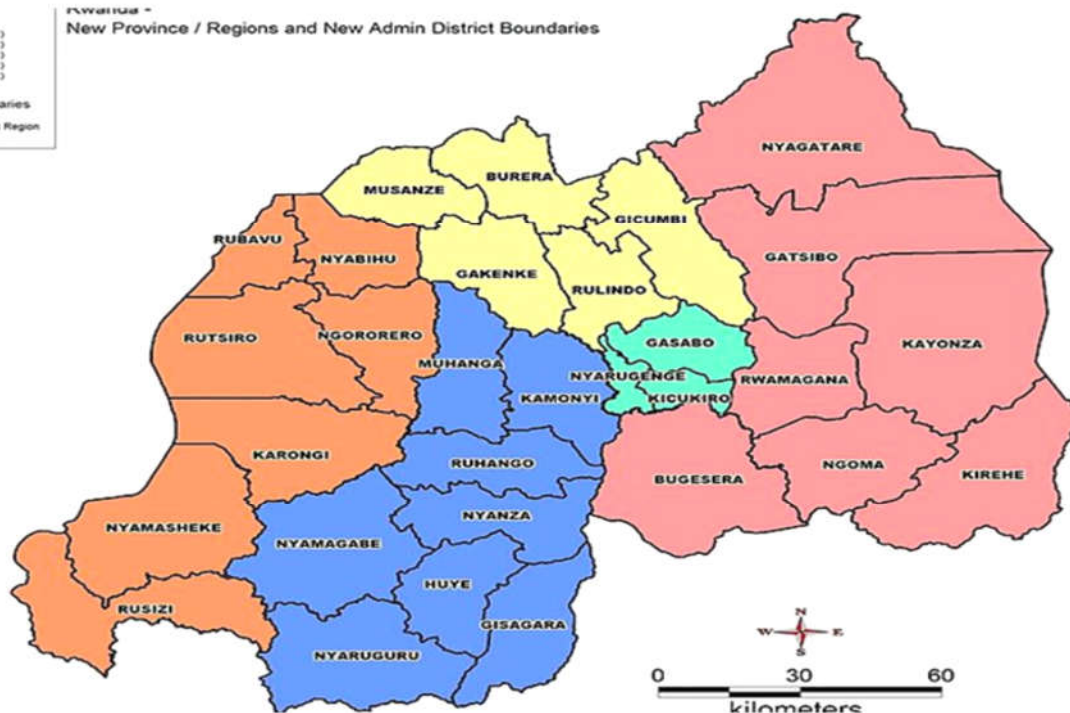


Image 1: Map of Rwanda showing the District boundaries

Just before His ascension to heaven, in Acts 1:8, Yahshua spoke to the disciples his last words while with them on earth. He told them, "But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth."

These powerful words from the Messiah set the ball rolling for earnest evangelization of the then known world. The disciples began to preach, teach and exhort both within and outside Jerusalem. This was a new experience to them, they were used to having their master do all the teaching while they watched.

In their mission, the Apostles were greatly helped by The Holy Spirit as was assured by

Yahshua. At some point, the Holy Spirit had to identify the areas and the people to preach to. Apostle Peter was asked by the Holy Spirit in a vision to go and preach to Cornelius the Roman Centurion, Apostle Philip was asked to go and meet the Ethiopian Eunuch and teach him and was later lifted to Assos by the Holy Spirit while Paul saw in a vision a man from Macedonia calling for help with the Gospel.

Elohim works the same way even nowadays. He is unchangeable. Even at the present age, the Holy Spirit guides in ministry. Sometimes, early 2017, we received a call from Kigali, Rwanda, requiring us to visit them and give them the message of salvation. We however could

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Image 2: The hosts; the Rwandese church members at Ngarama in Nyagatare District

not answer to the call immediately as at the time the church had commitments in other Countries in the African Mission field.

First trip to Rwanda

During a combined meeting of the The Presbytery, the Foreign Missions Committee (FMC) of the Church and the Regional secretaries and treasurers on 16-07-2017, the church resolved to send two ministers to Rwanda; Bro. Peter Kirui and Elder John Cheres. A month later, having been committed to the Lord by the church in prayers, the two ministers left for Rwanda. Like all previous mission trips, this was no different. It was a trip of faith as none of them had been to Rwanda nor known the hosts.

Rwanda is a small land locked Eastern Africa Country that is bordered to the North by Uganda, to the South by Burundi, to the East by the expansive Tanzania and to the West by an equally expansive Democratic Republic of Congo. It is largely occupied by two ethnic groups; the Hutu and the Tutsis and a minority group called the Twa. But one interesting

thing is that they all speak Rwandese. The differentiating factor here is not language but body features that include height, complexion and shape of the nose! This was the genesis of ethnic hatred and genocide.

Rwanda has a "not so nice" past. In 1994, it experienced the worst genocide that lasted for only 100 days but with a lot of casualties. The genocidal killings started on 7th April to mid July 1994 when the Hutus, who were the majority in government turned against their brothers, the Tutsis, who were the minority. Approximately 500,000 to 1,000,000 people died in the genocide which ended when the rebel group led by General Kagame overthrew the government and he himself became the President until now.

Planting of a church

After the genocide, a healing process for the Country was initiated and relative calm has been experienced in the Country with huge economic benefits being witnessed. This new found calm opened opportunities for the gospel to thrive.

The first trip in August 2017 was short but very successful. Four people were baptized and 16 children dedicated with the laying on of hands. A church was born in Ngarama in Nyagatare District and in Kigali City. Other local churches in Nyagatare District are: Cyabayaga, Bushara, Rukomo and Ndamu.



Image 3:
Baptism at River
Umuvumba
in
Ngarama
area of
Nyagatare
District

Second Trip and a New Challenge

The missionaries left a lot of work undone during the first trip because of little resources and time. They could not visit far flung districts where there were earnest calls for teaching and baptism. Therefore, The Foreign Missions Committee and the Presbitery saw it necessary to send a second team in March 2018 with the mandate to accomplish the remaining work and officiate the Lord's Supper there.

As we write, a team of two; Elder John Cheres and Pastor Samuel Langat, arrived in Kigali at 1 am on the night of Sunday 25th March 2018. In their itinerary is a series of meetings in up to five districts around Rwanda: Nyagatare in Northern Rwanda, Kicukiro and Ngoma Districts in Southern Rwanda and Musanze, Rubavu and Rutsiro Districts in Northwestern and Western Rwanda regions.

While here, they are expected to preach and teach extensively and carry out many baptisms and dedication of children. They shall also officiate the Lord's Supper at appointed places and appoint deacons to oversee church activities in the Country until Pastors are ordained. Many souls are expected to be won

for the Kingdom in this mission trip.

The church in Rwanda was recently faced with a tough legal challenge. The government passed a law that required all churches to worship in well-built standard church houses. All the meeting places for the church were closed down and the members were forced to hold their fellowship meetings in their homes. The church however prayed earnestly over this matter and good returns is expected from the trip.

May Elohim bless His work!

By John Michael Bett



Image 4: Elder John Cheres with newly baptized members and children dedicated to the Lord

Manhood under SIEGE

By Irungu wa Ichura

Mark 9:50 - "Salt is good, but if it loses its saltiness, how can you make it salty again? Have salt in yourselves, and be at peace with each other. NIV

The Bible shows that MAN holds an office: the office of a son, the office of a brother, the office of a husband, the office of a father, the office of a man. Do you know what Elohim expects you to do with that position? Whether or not you study it, you are responsible for fulfilling it!

Any man who wants to live up to Elohim's definition of manhood has real work to do. He must devote his energies to swimming upstream against society. He must make it his unwavering aim to grow—against pressure—in those qualities that will arm him for the rigors of true manhood. He must eschew the pastimes that weaken men. He must avoid the addictions that eat away at men's minds, blacken their consciences and destroy their confidence. He must stoke the flames of ambition in his life. He must aim high and equip himself to become an able leader of a strong, capable woman, and a builder of family and society.

The Bible is an excellent start. It can kindle or stoke the fire in you. You will receive great joy and pleasure from it. You will want to consult it regularly for inspiration, guidance, correction and precious truth on what manhood really means.

Men, we must allow Elohim to shape us, to forge us into instruments strong enough to lead strong families, to give confidence to women, to give stability to children, to give solidity to society. This is what Elohim wants. This is how we were created. This is literally what we were born to do: to grow up, achieve, mature and embrace the role that our masculine minds and bodies were designed

for.

Discover that, live that, and you will be embarking on a life full of growth, challenge, fulfillment and happiness built on knowing what it really means to be a man.

What the Bible Teaches:

Elohim's laws provide the path to happy living. Departing from them is what leaves us in a dark, confused thicket. The Bible defines sin as the transgression of Elohim's law (1 John 3:4). His law simply codifies His way of life, which is love (Matthew 22:36-40; Romans 13:10; Galatians 5:14; 1 John 5:3). It means outgoing concern, giving and sharing, kindness and courtesy, putting the needs of another above your own. Elohim's way of life is the way of giving.

One of the most powerful tools Elohim created in order to teach us that way is family. A man learns that noble, wonderful way by absorbing himself in his Elohim-given role within the family.

The Bible clearly states that Elohim created humankind male and female (Genesis 1:26-27). Elohim is the source of everything that makes men, men and women, women. He designed the differences in physique, in emotions, in intellectual and psychological composition. He is the author of masculinity and femininity. But why? Even those who claim to get their religion from the Bible—can they explain Genesis 1:27? Why did Elohim create sex? Collate all the observable and scriptural evidence, and you can clearly see that Elohim created these differences to establish order and structure, especially within the family. "But I would have you know, that the head of every man is Messiah; and the head of the woman is the man; and the

head of Yahshua is Elohim” (1 Corinthians 11:3). Non-Bible believers scoff at this scripture.

“Christians” who don’t like it find ways to make it mean something else. But godly men and women see simple logic and beauty in it. This is getting at the heart of true manhood and womanhood. For the sake of order and organization, Elohim created men to fulfill one set of responsibilities within the family and within society, and He created women to fill a different and beautifully complementary set of responsibilities. The Bible shows that men and women, of themselves, are incomplete. After creating Adam, Elohim said, “It is not good that the man should be alone” (Genesis 2:18). So He made Eve—literally

from Adam’s rib (verses 21-22). “And Adam said, This is now bone of my bones, and flesh of my flesh: she shall be called Woman [Hebrew, ishshah], because she was taken out of Man [Hebrew, ish]”

(verse 23). Ish is the Hebrew root word for ishshah, just as man is the root for woman. The woman’s very name and original existence came out of the man as purposefully designed by Elohim. Man and woman became “one flesh” through marriage (verse 24). Elohim appointed the man as head of the wife (Ephesians 5:23). The woman was to be his helper, his assistant (Genesis 2:20). This is the reality that Elohim created and revealed to humankind. It is a vital key to individual, family and societal success! Understanding and wholeheartedly embracing Elohim’s roles for men and women brings satisfaction and fulfillment in all your most important relationships: friends, betrothal, marriage, family. It brings peace to your home and success to your relationships with women. Are you willing to honestly evaluate yourself and your own attitudes? Are you prepared to discard wrong ideas? Will you accept truth, even when it hurts? It strains the eyes to step from a dark cave into bright sunlight, but “Elohim is light, and in him is no darkness at all” (read 1 John 1:4-9).

“But I would have you know, that the head of every man is Messiah; and the head of the woman is the man; and the head of Yahshua is Elohim”

(1 Corinthians 11:3).

A masculine man sets his mind to attain the strong qualities of sound character, rock-solid confidence and strength. He is an unselfish, stable, dominant (though not domineering), decisive leader. Yet he is balanced and tempered by the complementary traits of humility, attentiveness, gentleness and refinement. In short, he strives to live as Yahshua Messiah did.

The truly exciting thing about such masculinity is its spiritual dimension. Study the jobs that Elohim has spelled out for men: protector of women and children; provider for families; husband; father; leader; head. Consider the responsibilities and qualities Elohim commissions in men: supporting those who are weaker; using strength for others’ benefit; supplying a family’s needs and wants; sacrificing for the good of the family and others; loving a woman through

firm, compassionate leadership; expanding the family by siring children and then bringing them up; educating them, leading them in the way they should go, helping them grow in character; building society. All of these point to inspiring ways of Yahshua Messiah and Elohim the Father! They have spectacular spiritual parallels. As you study them and fulfill them, you build a spiritual mindset that brings you in closer harmony with Elohim. Manliness is next to godliness (just as, for a woman, femininity is next to godliness). The more you fulfill your purpose as a man, the more masculine you become. That is godly masculinity.

LET US BE THIS SALT – BE BLESSED

Manhood under JFGE

By Irungu wa Ichura

Messiah as a Package

This issue of “Messiah as a package” is different from its precedents. Previously, “Messiah as a package” engagements have been implemented by different factions in the Messianic fraternity. This issue was mostly implemented by an organization of **Messianic Students; under the umbrella of M.S.A.K {Messianic Students; Association of Kenya}**. The organization brings together Messianic Students from various universities and higher institutions, for a noble task. Different universities have been hosting the organization’s forum and this time’s forum was hosted by Egerton University. The forum was concurrently held with an open air meeting co-hosted by the University and a local church {Belbur} near the same institution.

We started planning for the mission some weeks before, to make sure that all logistics had been laid in place for a smooth engagement. It would have its challenges just like any other mission. Personally, I fell ill and was bed-ridden for almost a week, a few days to the commencement of the mission. The M.S.A.K officials, led by the current chairperson, came together for prayers for Elohim’s healing hand to be upon me. I was to spearhead the open air meeting. I thank Elohim for the recovery since I was able to commence the open air meeting from day one and as scheduled. As Messianic believers, our warfare is not of flesh as attested by 2nd Corinthians 10:4 “[For the weapons of our warfare are not carnal, but mighty through Elohim for the pulling down of strong holds:]. Satan is never happy when we embark to work on Elohim’s vineyard. He is always ready to suppress our input by all means, but we are not ignorant of this fact as affirmed in 2nd Corinthians 2:11 “Lest Satan should get an advantage of us: for we are not ignorant of his devices”

I thank Elohim for the grace he bestowed some of the students who availed themselves from the commencement of the open air meeting to the last day. This was in spite of their tight academic calendar. Since time was of essence, we decided to push ourselves to limit by having the message conveyed in the morning from 5 A.M to 8 A.M, followed by door-to-door engage-



KU students leaving for Egerton



A typical Door-to-door Cell



Open air evangelism ongoing

Egerton Chapter...



Both the young and the old



What an attentive audience



A joyful song to Elohim

ments. Later, we would hold an open air meeting from midday until night. The morning engagement was done from our host's house. The horn speakers were mounted outside the house then the messenger conveyed the message from within the house. The message was audible from quite a long distance. We even got immediate response, both positive and negative. The former response came from those people that felt the need of searching from the scriptures for more understanding on what was being conveyed. The latter came from the church leaders who felt intimidated by the message, since they do or did contrary to the Scriptures, and therefore feared for "their flock". As a matter of fact, someone was sent to us, to communicate that we needed to halt the preaching or he would take Legal actions.

After the morning engagement, we would embark on door-to-door engagement. We would split into Teams, which involved positive ethnicity, that is, since we were many, we would include people of different ethnicity in each team. The area consists of different tribes of people because of its proximity to Nakuru Town. After the door-to-door engagements, we would report back to the venue of the open air meeting and continue till dark. Due to intense engagements in the field, some teams could report as late as the time the open air meetings were being concluded. By virtue of being the programme coordinator of the open air meeting, my team used to report earlier at the open air meeting ground. The rest of the teams were not limited in terms of time. We would congregate at the evening and every team leader would give a report from the field work. It was amazing to find the Ladies being able to engage the locals by the supremacy of the scriptures. Unlike the church's settings, the door to door engagement allowed the Ladies to input and I realized most of them are actually conversant with the Scriptures.

In the open air meeting, people were keen as attested by their interaction with us. They would ask questions and others would write notes to us, requesting clarifications on different issues. We would do as Paul did. When he engaged the Corinthians, he never held back any input that would be profitable to them but instead he expounded to them everything as outlined in 2nd Corinthians 6:11 "O ye Corinthians, our mouth is open unto you, our heart is enlarged".

(Continue reading.....next page)



Another Door-to-door Cell



After a fruitful day: Among them. Belbur Messianic Brethren



...and not without fruits: 3 of them...



MSAK Officials : MSAK is the umbrella body



MUEU the hosts

On Sabbath, we received reinforcement from different local churches around the area and Messianic Students from various universities and institutions of higher learning.

While concluding the mission, we had three students baptized. The great commission was at work as attested by Mark 16:15-16. Baptism was part of the same as emphasized in verse 16 "He that believeth and is baptized shall be saved; but that believeth not shall be damned". Most of what transpired during the mission is covered by other Articles in this issue, hence together with the rest of the input "Messiah as a package" is harmonized.

From the response in the ground, we might be having positive results from the mission, but all are in Elohim's hand since it is his prerogative to call and also maintain. As we come to the close of the ages, let's continue with the Message {3RD Angel's}. As we go on, let's be citing Mathew 10:7 "And as ye go, preach, saying The kingdom of heaven is at hand". Elohim will guide and equip as for the aforementioned.

MESSIAH AS A PACKAGE continues...

Shalom

Peter G. King'ori

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Just Before Departure after the Mission was concluded

My Health Today...

What is my Blood Pressure like?

Yes, what is your blood pressure like? Do you know? Have you ever bothered to know? Why is it important to know?

In a world where lifestyle has changed so dramatically, our bodies have been forced to adapt to these changes at an equal swiftness. Most people have adapted fairly well but there is a large number of others who have been unable to cope. This is the reason why quite a sizeable number of people in the society have persistently high blood pressure scientifically termed as hypertension. I wonder whether it is a term reserved for the medics any longer as it used to be...it has become so common that it is nowadays a household name.

***What is hypertension?** It is a state of persistently elevated (high) blood pressure (BP). Normally, a BP machine determines the value of your BP. The value is compared to the average normal and thereafter a decision can be made whether one is hypertensive or not.*

Blood pressure categories in the new guideline are:

- Normal: Less than 120/80 mm Hg;
- Elevated: Systolic between 120-129 and diastolic less than 80;
- Stage 1: Systolic between 130-139 or diastolic between 80-89;
- Stage 2: Systolic at least 140 or diastolic at least 90 mm Hg;
- Hypertensive crisis: Systolic over 180 and/or diastolic over 120, with patients needing prompt changes in medication if there are no other indications of problems, or immediate hospitalization if there are signs of organ damage.

***Why is it important to know your Blood Pressure?** Just like any other chronic disease such as cancer and diabetes, hypertension is never recognizable at its early stage. Most people have elevated blood pressure without showing any symptoms or signs. When these signs and symptoms appear, they are most often an indication of advanced disease as a result of damage to important body organs such as eyes (poor vision), brain (headaches, stroke), heart (myocardial infarction commonly called heart attack) or even Kidneys (renal failure). If one can know their blood pressure levels, they can identify and prevent these un-*

(Continued on page the back page)

My Health Today....

What is my Blood Pressure like?



(Continue reading.....from previous page)



not. It is usually simple, calculated by one's weight in kilograms divided by his/her height in square metres. If overweight or obese, let's start measures to bring down our weight which include and not limited to low energy (starch/caloric) diet and physical exercise. Lastly, exercise at least daily. We can walk, we can jog, we can go to the gym or wherever but the goal remains: at least do some exercise.

My BP is high. What do I do? High BP doesn't always mean you have hypertension. Consult a medical professional to advice on further BP measurements (at least two more measurement) which will determine whether you are hypertensive or not. The Medic will also guide you on whether you need treatment or not. Do not take medication without proper instructions from a medic.

Know your BP today! Don't wait for your eyes to fail. Don't wait for that stroke to happen!

3John 1:2 Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.

Njogu Mureithi,

MBCb VI—UoN



pleasant outcomes.

Who are at a risk of hypertension? There are two types of hypertension, primary and secondary. **Secondary hypertension** is rare and usually is caused by another specific disease in the body for example people with hyperthyroidism/goitre* have high blood pressure. **Primary hypertension** is the commonest. It has no specific cause: advancing age, genetics (if your parents or siblings have it, you are at a high risk of getting it too), poor diet (poor eating habits: food that has high cholesterol...fries, fats, high salt diet, diet lacking fruits and vegetables, *alcohol etc.), obesity (too much weight) and lack of exercise (sedentary lifestyle). All these when brought together, lead to high chances of developing hypertension.

- Underweight: BMI is less than 18.5
- Normal weight: BMI is 18.5 to 24.9
- Overweight: BMI is 25 to 29.9
- Obese: BMI is 30 or more

Prevention? Most importantly, let's know our BP! Whenever we come across a BP machine, let's not hesitate to know our BP. They are available almost everywhere including our workplaces and not just limited to health facilities. Secondly, let's eat healthy by avoiding high fat diet, reducing salt intake, and including fruits and vegetables in our diet. Thirdly, let's know our Body Mass Index (BMI) which shows whether one is obese, overweight or

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